

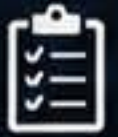


PLAN.
PREPARE.
PROTECT.
SURVIVE.

READY FOR ANYTHING

EMERGENCY PREPAREDNESS PLANNER

YOUR COMPLETE HOUSEHOLD PREPAREDNESS
WORKBOOK AND PLANNING SYSTEM



PLAN
YOUR PREPAREDNESS



ORGANIZE
YOUR SUPPLIES



PROTECT
YOUR FAMILY



SURVIVE
ANY EMERGENCY

★ ★ ★
A COMPLETE SYSTEM
FOR EVERY STAGE OF
PREPAREDNESS
★ ★ ★

BE READY.
STAY READY.
BE READY FOR
ANYTHING.

FIRST AID

**EMERGENCY
FOOD SUPPLY**

**PREPARED
NOT SCARED**



PLAN AHEAD



BUILD SUPPLIES



PRACTICE SKILLS



STAY INFORMED



WORK TOGETHER



BE READY. STAY READY. BE READY FOR ANYTHING.



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READY FOR ANYTHING™

THE ULTIMATE EMERGENCY PREPAREDNESS PLANNER

Plan • Prepare • Protect • Survive • Thrive

First Edition

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Dragonfly Online, LLC

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- Fire Departments
- Law Enforcement
- Public Health Officials
- Utility Providers
- Medical Professionals
- Engineers
- Attorneys
- Insurance Professionals

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Product Notice

This planner is designed to accompany:

- **Ready For Anything™**
The Ultimate Guide to Emergency Preparedness
- **Ready For Anything™ 72-Hour Emergency Survival Checklist**
- **Ready For Anything™ Family Emergency Plan Workbook**
- **Ready For Anything™ 30-Day Preparedness Challenge**

Together these resources create a complete household preparedness system for planning, organizing, practicing, and maintaining emergency readiness.

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ReadyForAnything.Academy

Helping families prepare today for whatever tomorrow may bring.

Be Ready. Stay Ready. Be Ready For Anything.

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NEXT VOLUME

Volume Two

Emergency Supplies & Household Inventories

- Food Storage
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 - Medical Supplies
 - Household Supplies
 - Batteries & Power
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About the Ready For Anything™ Preparedness System

The **Ultimate Emergency Preparedness Planner** is part of the complete **Ready For Anything™ Preparedness System**, which includes:

- **Ready For Anything™ — The Ultimate Guide to Emergency Preparedness**
- **Ultimate Emergency Preparedness Planner** (Volumes I–IV)
- **72-Hour Emergency Survival Checklist**
- **Family Emergency Plan Workbook**
- **30-Day Preparedness Challenge**

Together these resources provide a comprehensive system for planning, organizing, documenting, and maintaining your household's preparedness.

WELCOME

Welcome to the Ready For Anything™ Preparedness System

Congratulations.

By opening this planner, you've already taken the most important step toward protecting your household.

Preparedness isn't about expecting the worst.

It's about being ready to handle life's disruptions with confidence, calm, and a plan.

Whether it's a severe storm, an extended power outage, supply chain disruption, wildfire, flood, winter storm, evacuation, or another unexpected emergency, families who prepare ahead of time are generally better positioned to make informed decisions and adapt to changing circumstances.

This planner was created to help you do exactly that.

Preparedness Is Peace of Mind

Many people assume emergencies are rare.

The truth is that smaller emergencies happen every day.

Power goes out.

Water service is interrupted.

Roads close.

Stores run out of essential supplies.

Families become separated.

Medical emergencies occur.

Most of these events don't make national headlines—but they can still affect your household.

Preparedness isn't about fear.

It's about reducing uncertainty.

It's about replacing panic with a plan.

Every page you complete brings your family one step closer to greater resilience.

A Practical System

The Ready For Anything™ Planner was designed for ordinary households—not survival experts.

You don't need a bunker.

You don't need years of military experience.

You don't need to spend thousands of dollars.

You simply need a practical system that helps you organize information, identify priorities, and make steady progress over time.

This planner guides you through every major aspect of household preparedness, including:

- Family emergency planning
- Medical information
- Emergency contacts
- Pets and animal care
- Food and water storage
- Home inventories
- Emergency kits
- Financial preparedness
- Insurance documentation
- Evacuation planning
- Disaster response
- Recovery planning
- Annual preparedness maintenance

Rather than trying to prepare for everything in one weekend, you'll build readiness one step at a time.

Progress Over Perfection

One of the biggest obstacles to preparedness is believing you have to do everything at once.

You don't.

Preparedness is built through consistent action.

One case of water.

One flashlight.

One first aid item.

One family meeting.

One completed worksheet.

One emergency drill.

Those small actions compound over time into meaningful preparedness.

Don't compare yourself to someone who has been preparing for years.

Compare yourself to where you were yesterday.

Every improvement matters.

Your Planner Is a Living Document

This planner isn't meant to sit on a shelf.

It's designed to grow with your family.

As your household changes, update it.

When children grow older, revise responsibilities.

When medications change, update your records.

When you move, replace maps and emergency contacts.

When supplies are used, replenish them.

Preparedness is an ongoing process—not a one-time event.

Schedule time every few months to review your information, inspect your supplies, and discuss your plans with everyone in your household.

Make Preparedness a Family Activity

Emergencies affect everyone in your home.

The planning process should involve everyone who is able to participate.

Children can learn where to meet after an emergency.

Teenagers can help inventory supplies.

Adults can share responsibilities.

Older family members can provide valuable experience and insight.

Even young children can learn simple, age-appropriate preparedness habits.

The more familiar everyone is with the plan, the easier it will be to work together when circumstances are stressful.

Your Goals

As you work through this planner, focus on five objectives:

1. **Protect your family.** Know how you'll communicate, where you'll meet, and what each person needs during an emergency.
2. **Protect your home.** Understand your utilities, maintain essential equipment, and reduce avoidable risks.
3. **Build essential supplies.** Develop practical reserves of water, food, medications, first aid items, and other necessities.
4. **Create financial resilience.** Organize important documents, maintain emergency funds when possible, and keep recovery information accessible.
5. **Practice your plan.** Review it regularly, conduct simple drills, and make improvements based on what you learn.

Preparedness isn't measured by how much gear you own—it's measured by how well your household can respond together.

A Final Thought

None of us can predict exactly what tomorrow will bring.

But we can prepare for it.

Every gallon of water you store...

Every emergency contact you write down...

Every first aid item you replace...

Every conversation you have with your family...

Every page you complete in this planner...

is an investment in your household's safety, confidence, and resilience.

One day, you may discover that the most valuable thing you prepared wasn't a flashlight or a first aid kit.

It was the plan.

Welcome to the Ready For Anything™ Preparedness System.

Let's begin building a household that is ready for whatever comes next.

Be Ready. Stay Ready. Be Ready For Anything.

HOW TO USE THIS PLANNER

This Planner Is Your Household Preparedness Headquarters

The **Ready For Anything™ Ultimate Emergency Preparedness Planner** is much more than a notebook.

It is a comprehensive planning system designed to help you organize the information, documents, inventories, and emergency procedures your household may need before, during, and after an emergency.

Rather than relying on memory during a stressful situation, you'll have one organized place where important information can be quickly located and updated.

Whether you're just beginning your preparedness journey or refining an existing emergency plan, this planner is designed to grow with you.

Start Where You Are

One of the biggest misconceptions about preparedness is that you need to complete everything immediately.

You don't.

Preparedness is built through consistent progress—not perfection.

Some sections of this planner can be completed in a single evening.

Others may take several weeks as you gather documents, build supplies, or discuss plans with your family.

Don't rush.

Every completed page improves your household's readiness.

Complete the Planner in Order

While every section can stand on its own, the planner has been organized to build one layer of preparedness upon another.

We recommend completing the sections in this order:

Part I — Build Your Foundation

Start with your household information.

Complete:

- Household profile
- Family members
- Emergency contacts
- Medical information
- Prescription records
- Pet information
- Household risks
- Communication plans

These pages become the foundation for everything that follows.

Part II — Build Your Supplies

Next, inventory what you already have.

Track:

- Water
- Food
- First aid supplies
- Medications
- Batteries
- Lighting
- Power
- Fuel
- Household supplies

Don't worry about what you don't own yet.

Simply identify the gaps.

Part III — Build Your Emergency Kits

Once you know your inventory, assemble:

- Home emergency kit

- Go Bags
- Vehicle kits
- Pet kits
- Workplace kits
- Children's emergency supplies

Each kit should support your family's specific needs rather than following a generic checklist.

Part IV — Protect Your Finances

Gather important documents and recovery information.

Organize:

- Insurance policies
- Identification
- Financial accounts
- Property records
- Home inventory
- Emergency contacts

Store sensitive documents securely and consider maintaining appropriate digital backups.

Part V — Plan for Emergencies

Develop written response plans for the emergencies most likely to affect your household.

Examples include:

- Fire
- Tornado
- Hurricane
- Flood
- Earthquake
- Winter Storm
- Wildfire
- Extended Power Outage
- Shelter-in-Place
- Evacuation

You don't need a plan for every possible disaster on day one.

Begin with the hazards that are most relevant to where you live.

Part VI — Maintain Preparedness

Preparedness isn't something you finish.

It's something you maintain.

Use the planner to schedule:

- Food rotation
- Water replacement
- Battery testing
- Smoke alarm testing
- Fire extinguisher inspections
- Medical supply reviews
- Emergency drills
- Vehicle maintenance
- Generator maintenance
- Family plan reviews

Small, regular maintenance prevents larger problems later.

Use Pencil for Information That Changes

Some information changes regularly.

For example:

- Prescription medications
- Phone numbers
- Insurance policies
- Household members
- Emergency contacts
- Food inventories
- Fuel supplies

Consider using pencil for frequently updated pages or print replacement worksheets as needed.

Protect Sensitive Information

This planner may contain:

- Medical information
- Insurance information
- Financial records
- Emergency contacts
- Property inventories

Treat it as you would any important household document.

Keep it in a secure location that is easily accessible to responsible household members.

If you create digital copies, use appropriate password protection and backup methods.

Involve the Entire Family

Preparedness works best when everyone understands the plan.

Discuss the planner with your household.

Review:

- Meeting places
- Emergency contacts
- Utility shutoffs
- Evacuation routes
- Household responsibilities
- Pet care
- Communication procedures

Children can participate in age-appropriate ways, and older family members often provide valuable experience and practical insight.

Review Your Plan Regularly

Your household will change over time.

Make it a habit to review this planner:

Monthly

- Check flashlights
- Charge power banks

- Review food and water inventories
- Inspect first aid supplies
- Verify emergency contact information

Quarterly

- Review emergency kits
- Rotate pantry items
- Inspect batteries
- Update household inventories

Annually

- Review insurance information
- Update medical records
- Replace expired supplies
- Conduct a family preparedness drill
- Reassess household risks
- Update financial information
- Review evacuation destinations

Preparedness is strongest when it becomes part of your household's routine.

Make Notes

This planner includes space for notes throughout.

Use it to record:

- Lessons learned from storms or emergencies
- Equipment purchases
- Improvements you want to make
- Community resources
- Preparedness ideas
- Family suggestions
- Maintenance reminders

Your planner should reflect your household—not a generic checklist.

Celebrate Progress

Don't wait until every page is complete to feel successful.

Every improvement matters.

Every emergency contact you record...

Every gallon of water you store...

Every flashlight you test...

Every emergency drill you practice...

Every conversation you have with your family...

brings you one step closer to greater confidence and resilience.

Preparedness isn't measured by how much equipment you own.

It's measured by your household's ability to respond calmly, communicate effectively, and adapt when circumstances change.

Remember the Goal

The purpose of this planner is not to prepare you for every possible disaster.

The purpose is to help your family become more organized, more informed, and better equipped to handle unexpected disruptions.

You don't need to prepare for everything today.

You simply need to prepare a little more than you did yesterday.

One page.

One conversation.

One checklist.

One improvement at a time.

Preparedness isn't a destination. It's a lifelong habit.

Thank you for making preparedness a priority for your family.

Now, let's begin building your household preparedness plan.

Be Ready. Stay Ready. Be Ready For Anything.

PREPAREDNESS DASHBOARD

Your Household Preparedness Dashboard

Measure Progress. Identify Gaps. Build Confidence.

Preparedness isn't a single event—it's an ongoing process.

This dashboard gives you a quick snapshot of your household's overall readiness.

Complete it when you first begin using this planner, then review and update it every three to six months.

The goal isn't perfection.

The goal is steady progress.

Household Preparedness Score

Date Completed: _____

Household Name: _____

Primary Planner: _____

Overall Preparedness Rating

- ☐ Just Getting Started (0–25%)
 - ☐ Basic Preparedness (26–50%)
 - ☐ Well Prepared (51–75%)
 - ☐ Highly Prepared (76–90%)
 - ☐ Ready For Anything (91–100%)
-

Household Readiness Categories

Preparedness Area	Not Started	In Progress	Complete	Review Date
Household Information	☐	☐	☐	_____
Family Emergency Plan	☐	☐	☐	_____
Emergency Contacts	☐	☐	☐	_____
Medical Planning	☐	☐	☐	_____
Prescription Medications	☐	☐	☐	_____
Pet Emergency Plan	☐	☐	☐	_____
Food Storage	☐	☐	☐	_____
Water Storage	☐	☐	☐	_____
Emergency Cooking	☐	☐	☐	_____
First Aid Supplies	☐	☐	☐	_____
Lighting	☐	☐	☐	_____
Backup Power	☐	☐	☐	_____
Fuel Storage	☐	☐	☐	_____
Sanitation Supplies	☐	☐	☐	_____
Home Emergency Kit	☐	☐	☐	_____
Go Bags	☐	☐	☐	_____
Vehicle Emergency Kit	☐	☐	☐	_____
Important Documents	☐	☐	☐	_____
Emergency Cash	☐	☐	☐	_____
Insurance Records	☐	☐	☐	_____

Preparedness Area	Not Started	In Progress	Complete	Review Date
Home Inventory	☐	☐	☐	_____
Utility Shutoffs Located	☐	☐	☐	_____
Communication Plan	☐	☐	☐	_____
Family Meeting Places	☐	☐	☐	_____
Evacuation Planning	☐	☐	☐	_____
Household Drills	☐	☐	☐	_____

Preparedness Snapshot

Water

Current Stored Water

_____ Gallons

Goal

_____ Gallons

Progress

☐ 0% ☐ 25% ☐ 50% ☐ 75% ☐ 100%

Food

Days of Food Available

☐ 3 Days

☐ 7 Days

☐ 14 Days

☐ 30 Days

☐ 60+ Days

First Aid

☐ Fully stocked

☐ Needs supplies

☐ Expired items need replacing

Last inspected:

Medications

☐ Current

☐ Refill needed

☐ Emergency backup available

Next review:

Emergency Power

☐ Flashlights

☐ Lanterns

☐ Batteries

☐ Power Banks

☐ Generator (if applicable)

Last tested:

Communications

- ☐ Family communication plan completed
 - ☐ Out-of-area contact selected
 - ☐ Meeting places established
 - ☐ Emergency contact cards printed
-

Pets

- ☐ Food
 - ☐ Water
 - ☐ Medications
 - ☐ Carrier
 - ☐ Leash
 - ☐ Vaccination records
 - ☐ Evacuation location identified
-

Household Risk Assessment

Mark the emergencies most likely to affect your household.

- ☐ Power Outage
- ☐ Winter Storm
- ☐ Hurricane
- ☐ Tornado
- ☐ Flood
- ☐ Wildfire
- ☐ Earthquake
- ☐ Extreme Heat
- ☐ Pandemic

- ☐ Civil Unrest
 - ☐ Supply Chain Disruption
 - ☐ Water Contamination
 - ☐ Hazardous Materials Incident
 - ☐ Severe Thunderstorms
 - ☐ Extended Utility Failure
 - ☐ Other _____
-

Top Five Preparedness Priorities

What should your household work on next?

1.

2.

3.

4.

5.

90-Day Preparedness Goals

Goal #1

Target Date

Completed

☐

Goal #2

Target Date

Completed

☐

Goal #3

Target Date

Completed

☐

Preparedness Budget

Monthly Preparedness Budget

\$ _____

Emergency Savings Goal

\$ _____

Current Emergency Savings

\$ _____

Annual Preparedness Milestones

Quarter	Primary Goal	Completed
Q1		☐
Q2		☐
Q3		☐
Q4		☐

Family Drill Tracker

Drill	Date	Complete
Fire Evacuation		☐
Shelter-in-Place		☐
Power Outage		☐
Family Communication		☐
Go Bag Drill		☐
Pet Evacuation		☐

Ready For Anything™ Progress Meter

Estimate your current preparedness level.

- ☐ 0–10%
- ☐ 11–20%
- ☐ 21–30%

- ☐ 31–40%
 - ☐ 41–50%
 - ☐ 51–60%
 - ☐ 61–70%
 - ☐ 71–80%
 - ☐ 81–90%
 - ☐ 91–100%
-

Planner Review Schedule

Next Monthly Review: _____

Next Quarterly Review: _____

Annual Preparedness Review: _____

Success Is Built One Step at a Time

Preparedness is not about owning the most equipment or preparing for every imaginable disaster. It is about making thoughtful, consistent improvements that strengthen your household's ability to respond to unexpected events.

Use this dashboard as your command center. Review it regularly, celebrate completed milestones, and focus your attention on the next most important improvement. Small actions taken consistently create meaningful resilience over time.

"Prepared households aren't built in a weekend—they're built one decision, one checklist, and one improvement at a time."

Be Ready. Stay Ready. Be Ready For Anything.

ANNUAL PREPAREDNESS GOALS

Build Preparedness One Goal at a Time

Preparedness is a journey—not a destination.

The strongest emergency plans are built gradually through consistent effort, regular maintenance, and continuous improvement. Rather than trying to accomplish everything at once, use this section to establish realistic goals for the coming year.

A well-defined goal gives your household direction, helps prioritize spending, and provides measurable progress over time.

As you complete each goal, celebrate your success and set a new one. Every improvement makes your family more resilient.

This Year's Preparedness Mission

Preparedness Year: _____

Household Name: _____

Our Family Preparedness Statement

In one or two sentences, describe what preparedness means to your household.

Our Top Five Goals for This Year

Goal #1

Objective

Why This Goal Matters

Target Completion Date

Estimated Cost

\$_____

Completed

☐ Yes

☐ No

Notes

Goal #2

Objective

Why This Goal Matters

Target Date

Estimated Cost

\$_____

Completed

☐ Yes

☐ No

Notes

Goal #3

Objective

Why This Goal Matters

Target Date

Estimated Cost

\$ _____

Completed

☐ Yes

☐ No

Notes

Goal #4

Objective

Why This Goal Matters

Target Date

Estimated Cost

\$ _____

Completed

☐ Yes

☐ No

Notes

Goal #5

Objective

Why This Goal Matters

Target Date

Estimated Cost

\$ _____

Completed

☐ Yes

☐ No

Notes

Quarterly Preparedness Plan

Quarter 1 (January – March)

Primary Goal

Three Action Steps

- ☐ _____
- ☐ _____
- ☐ _____

Completed

☐

Quarter 2 (April – June)

Primary Goal

Three Action Steps

- ☐ _____
- ☐ _____
- ☐ _____

Completed

☐

Quarter 3 (July – September)

Primary Goal

Three Action Steps

- ☐ _____
- ☐ _____
- ☐ _____

Completed

☐

Quarter 4 (October – December)

Primary Goal

Three Action Steps

☐

☐

☐

Completed

☐

Preparedness Budget

A modest monthly budget can steadily improve your household's readiness.

Monthly Preparedness Budget

\$ _____

Annual Preparedness Budget

\$ _____

Emergency Savings Goal

\$ _____

Current Emergency Savings

\$ _____

Skills We Want to Learn

Preparedness isn't just about supplies. Knowledge and practice are just as valuable.

Mark the skills your household wants to develop this year.

- ☐ Basic First Aid
- ☐ CPR / AED
- ☐ Fire Extinguisher Use
- ☐ Emergency Communications
- ☐ Weather Awareness
- ☐ Water Purification
- ☐ Food Preservation
- ☐ Gardening
- ☐ Home Repair
- ☐ Generator Operation
- ☐ Navigation & Map Reading
- ☐ Emergency Cooking
- ☐ Amateur Radio
- ☐ Search & Rescue Awareness
- ☐ Community Emergency Response Training
- ☐ Other

Equipment We Plan to Purchase

Priority	Item	Estimated Cost	Purchased
1	_____	\$ _____	☐

2	_____	\$ _____	☐

3	_____	\$ _____	☐

Priority	Item	Estimated Cost	Purchased
4	_____	\$_____	☐

5	_____	\$_____	☐

6	_____	\$_____	☐

7	_____	\$_____	☐

8	_____	\$_____	☐

Supplies We Need to Build

Check each category that needs improvement this year.

- ☐ Drinking Water
- ☐ Long-Term Food Storage
- ☐ First Aid Supplies
- ☐ Prescription Medications
- ☐ Hygiene Supplies
- ☐ Sanitation Supplies
- ☐ Flashlights & Lanterns
- ☐ Batteries
- ☐ Power Banks
- ☐ Generator Supplies
- ☐ Fuel Storage
- ☐ Emergency Cooking Equipment

- ☐ Pet Supplies
 - ☐ Vehicle Kits
 - ☐ Go Bags
 - ☐ Emergency Cash
 - ☐ Important Documents
 - ☐ Home Inventory
 - ☐ Other
-
-

Family Preparedness Challenges

Choose one activity to complete each season.

Spring

- ☐ Review emergency supplies
 - ☐ Rotate food and water
 - ☐ Update contact information
 - ☐ Conduct a family meeting
-

Summer

- ☐ Practice an evacuation drill
 - ☐ Inspect vehicle emergency kits
 - ☐ Review wildfire or hurricane plans (as applicable)
 - ☐ Test backup power equipment
-

Fall

- ☐ Prepare for winter weather
- ☐ Replace batteries

☐ Inspect smoke and carbon monoxide alarms

☐ Review heating safety

Winter

☐ Review emergency communications

☐ Update insurance information

☐ Review medical records

☐ Set next year's preparedness goals

End-of-Year Review

What did our household accomplish?

What still needs improvement?

What surprised us this year?

What are our three priorities for next year?

1.

2.

3.

Annual Preparedness Commitment

Preparedness isn't measured by how much gear you own. It's measured by the confidence, organization, and resilience your household builds over time.

By setting realistic goals, reviewing your progress, and making consistent improvements, you create a stronger foundation for handling emergencies—whether they're minor inconveniences or major disasters.

Household Preparedness Commitment

We commit to reviewing this planner, updating our emergency plans, maintaining our supplies, and practicing our procedures so our household is better prepared for whatever the future may bring.

Signature: _____

Date: _____

"Preparedness grows through steady progress—not perfection. One goal completed today becomes the foundation for everything you accomplish tomorrow."

Be Ready. Stay Ready. Be Ready For Anything.

PART I — BUILD YOUR FOUNDATION

SECTION 1

HOUSEHOLD PROFILE

Your Household at a Glance

In an emergency, having accurate household information in one location can save valuable time.

This section serves as the foundation for your entire preparedness plan. It provides a central place to record essential household information that may be needed during an evacuation, insurance claim, utility outage, medical emergency, or disaster recovery.

Review and update these pages at least once each year—or anytime your household changes.

Household Information

Household Name

Street Address

City

State / Province

ZIP / Postal Code

County

GPS Coordinates (Optional)

Latitude _____

Longitude _____

Primary Residence

☐ Single Family Home

☐ Apartment

☐ Townhouse

☐ Condominium

☐ Mobile Home

☐ Farm / Ranch

☐ RV

☐ Other

Household Members

Adults

Children

Pets

Total Household Occupants

Primary Household Contact

Name

Relationship

Cell Phone

Email

Secondary Household Contact

Name

Relationship

Cell Phone

Email

Home Information

Year Home Built

Square Footage

Number of Bedrooms

Number of Bathrooms

Primary Heating

- ☐ Electric
 - ☐ Natural Gas
 - ☐ Propane
 - ☐ Oil
 - ☐ Wood
 - ☐ Heat Pump
 - ☐ Other
-

Primary Water Source

- ☐ Municipal Water
 - ☐ Private Well
 - ☐ Shared Well
 - ☐ Rain Collection
 - ☐ Other
-

Wastewater

- ☐ Municipal Sewer
 - ☐ Septic System
 - ☐ Other
-
-

Utilities

Utility	Company	Account Number	Emergency Phone
Electric			
	-	-	
Water			
	-	-	
Natural Gas			
	-	-	
Propane			
	-	-	
Internet			
	-	-	
Cellular			
	-	-	

Utility Shutoff Locations

Electrical Panel

Located at

Main Water Shutoff

Located at

Gas Shutoff (if applicable)

Located at

Generator

Location

Fuel Type

Home Security

Alarm Company

Monitoring Phone

Security System Code Location

Garage Door Manual Release Located

☐ Yes

☐ No

Fire Extinguishers Located

☐ Kitchen

☐ Garage

☐ Workshop

☐ Upstairs

☐ Basement

☐ Other

Important Keys

Where are spare keys stored?

Who has copies?

Household Vehicles

Vehicle	Year	Make	Model	License Plate
Vehicle 1				
Vehicle 2				
Vehicle 3				

Special Household Considerations

Check all that apply.

- ☐ Infant
- ☐ Toddler
- ☐ Elderly Resident
- ☐ Mobility Challenges
- ☐ Wheelchair User
- ☐ Oxygen Equipment
- ☐ Medical Devices
- ☐ Refrigerated Medication
- ☐ Hearing Assistance
- ☐ Vision Assistance
- ☐ Service Animal
- ☐ Multiple Pets
- ☐ Home Business
- ☐ Generator

- ☐ Well Water
 - ☐ Septic System
 - ☐ Firearms (stored securely)
 - ☐ Other
-
-

Household Strengths

What preparedness resources does your household already have?

- ☐ Generator
 - ☐ Solar Power
 - ☐ Battery Backup
 - ☐ Deep Pantry
 - ☐ Water Storage
 - ☐ First Aid Training
 - ☐ CPR Certified
 - ☐ Medical Professional
 - ☐ Mechanical Skills
 - ☐ Amateur Radio
 - ☐ Four-Wheel Drive Vehicle
 - ☐ Camper / RV
 - ☐ Boat
 - ☐ Tractor
 - ☐ Chainsaw
 - ☐ Community Emergency Response Training
 - ☐ Other
-

Household Vulnerabilities

Identify areas that deserve additional planning.

- ☐ Flood Zone
 - ☐ Wildfire Risk
 - ☐ Hurricane Risk
 - ☐ Tornado Risk
 - ☐ Earthquake Risk
 - ☐ Winter Storm Risk
 - ☐ Extreme Heat
 - ☐ Remote Location
 - ☐ Limited Road Access
 - ☐ Frequent Power Outages
 - ☐ Medical Dependency
 - ☐ Limited Transportation
 - ☐ Other
-
-

Home Photos Checklist

Attach or digitally store current photographs of:

- ☐ Front of Home
- ☐ Rear of Home
- ☐ Left Side
- ☐ Right Side
- ☐ Roof
- ☐ Electrical Panel

☐ Water Shutoff

☐ Gas Shutoff

☐ Utility Meters

☐ Generator

☐ Main Living Area

☐ Kitchen

☐ Bedrooms

☐ Garage

☐ Storage Areas

☐ Valuable Property

Photo Storage Location:

Household Preparedness Notes

Annual Review

Last Updated

Reviewed By

Next Review Date

Ready For Anything™ Planner Tip

Your household profile is the cornerstone of your preparedness plan. Review it after any major life event—such as moving, adding a family member, adopting a pet, changing utility providers, or purchasing a new vehicle. Keeping this information current helps ensure the rest of your planner remains accurate and useful when you need it most.

"A well-prepared household begins with knowing exactly who you are, where you are, and what resources you already have."

Next Section: Family Member Profiles

SECTION 2

FAMILY MEMBER PROFILES

Know Your Household

Every member of your household has unique needs, abilities, and responsibilities during an emergency.

This section provides a dedicated place to record important information for each person in your household. Having these details readily available can make communication easier, support emergency responders, and help ensure everyone receives the care they need.

Complete one profile for every member of your household, including adults and children.

Review these pages at least once a year or whenever information changes.

FAMILY MEMBER PROFILE

Full Name

Preferred Name / Nickname

Date of Birth

Age

Relationship

- ☐ Self
- ☐ Spouse / Partner
- ☐ Child
- ☐ Parent

☐ Grandparent

☐ Relative

☐ Other

Contact Information

Cell Phone

Email

Home Phone

Work Phone

Home Address (If Different)

Employer / School Information

Employer / School

Address

Phone

Supervisor / Teacher

Medical Information

Primary Physician

Phone

Medical Conditions

Allergies

Blood Type

Health Insurance Provider

Policy Number

Medications

Medication

Dosage

Schedule

Medication

Dosage

Schedule

Emergency Contacts

Primary Emergency Contact

Name

Relationship

Phone

Secondary Emergency Contact

Name

Relationship

Phone

Identification

Driver's License / ID Number

Passport Number (Optional)

Medical Alert ID

Skills & Abilities

Check any that apply.

- ☐ CPR Certified
 - ☐ First Aid Training
 - ☐ Nurse / EMT
 - ☐ Medical Professional
 - ☐ Fire Extinguisher Trained
 - ☐ HAM Radio Operator
 - ☐ Mechanical Skills
 - ☐ Electrical Skills
 - ☐ Plumbing Skills
 - ☐ Construction Skills
 - ☐ Food Preservation
 - ☐ Gardening
 - ☐ Cooking
 - ☐ Child Care
 - ☐ Pet Care
 - ☐ Swimming
 - ☐ Search & Rescue Training
 - ☐ CERT Training
 - ☐ Military Experience
 - ☐ Other
-

Emergency Responsibilities

This person's primary responsibilities during an emergency:

- ☐ Gather Go Bag
 - ☐ Assist Children
 - ☐ Assist Seniors
 - ☐ Care for Pets
 - ☐ Shut Off Utilities
 - ☐ Retrieve Important Documents
 - ☐ Drive Primary Vehicle
 - ☐ Contact Family Members
 - ☐ Monitor Emergency Radio
 - ☐ Administer First Aid
 - ☐ Manage Medications
 - ☐ Operate Generator
 - ☐ Other
-
-

Special Needs

Check all that apply.

- ☐ Infant
- ☐ Young Child
- ☐ Mobility Assistance
- ☐ Hearing Assistance
- ☐ Vision Assistance
- ☐ Cognitive Assistance

- ☐ Oxygen Equipment
 - ☐ Medical Devices
 - ☐ Refrigerated Medication
 - ☐ Dietary Restrictions
 - ☐ Behavioral Considerations
 - ☐ Service Animal
 - ☐ Other
-
-

Communication Preferences

Preferred Contact Method

- ☐ Phone Call
 - ☐ Text Message
 - ☐ Email
 - ☐ Radio
 - ☐ Other
-

Emergency Meeting Location Known?

- ☐ Yes
- ☐ No

Family Communication Plan Reviewed?

- ☐ Yes
 - ☐ No
-

Recent Photo

Attach or insert a recent photograph.

Photo Updated

Notes

Annual Review

Last Updated

Reviewed By

Next Review Date

Additional Family Member Profiles

Photocopy or print additional copies of this section so that **every member of your household** has an individual profile. Keeping separate records for each person makes it easier to update information, manage medical needs, and assign responsibilities during an emergency.

Ready For Anything™ Planner Tip

Children grow, medications change, jobs change, and phone numbers change. Set aside a few minutes every six months to review each family member's profile and make any necessary updates. Current information is one of the most valuable preparedness tools you can have.

"Prepared families know not only what supplies they have—but who depends on them, what they need, and how they'll work together when it matters most."

Next Section: Emergency Contact Directory

SECTION 3

EMERGENCY CONTACT DIRECTORY

Keep Your Most Important Contacts in One Place

During an emergency, your phone may be lost, damaged, out of battery, or unable to connect to a network. Having a printed list of important contacts ensures you can quickly reach family members, medical providers, utility companies, insurance representatives, schools, employers, and emergency services when you need them most.

Complete this section carefully and review it at least twice each year.

Consider keeping a photocopy of these pages in your emergency binder, vehicle, and Go Bag.

Primary Household Contacts

Name	Relationship	Cell Phone	Alternate Phone
_____	_____	_____	_____
—	—	—	
_____	_____	_____	_____
—	—	—	
_____	_____	_____	_____
—	—	—	
_____	_____	_____	_____
—	—	—	
_____	_____	_____	_____
—	—	—	

Out-of-Area Emergency Contact

Choose someone who lives outside your immediate area. If local phone lines become overloaded, long-distance communication may still be available.

Name

Relationship

Address

Cell Phone

Home Phone

Email

Nearby Friends & Neighbors

Name	Address	Phone	Can Assist?
------	---------	-------	-------------

			☐
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			☐
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			☐
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			☐
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Medical Contacts

Provider	Name	Phone
Family Physician		
Pediatrician		
Specialist		
Dentist		
Pharmacy		
Veterinarian		
Mental Health Provider		

Hospitals & Urgent Care

Facility	Address	Phone
Hospital #1		
Hospital #2		
Urgent Care		
Children's Hospital		

Schools & Child Care

School / Facility	Contact Person	Phone

Workplace Contacts

Employer	Supervisor	Phone

Utility Companies

Service	Company	Emergency Number
Electric		
Water		
Natural Gas		
Propane		
Internet		
Cellular		

Insurance Contacts

Policy	Company	Phone
Homeowners / Renters		
Auto		
Health		
Life		
Flood		
Other		

Financial Contacts

Institution	Contact	Phone
Primary Bank		
Credit Union		
Financial Advisor		
Accountant		
Attorney		

Emergency Services

Fill in the non-emergency numbers for your local agencies.

Agency	Phone
Police (Non-Emergency)	
Sheriff's Office	
Fire Department	
Emergency Management Office	
Public Health Department	
Animal Control	
Poison Control	
Public Works	

Emergency (U.S.): 911

Community Resources

Organization	Contact	Phone
Red Cross Chapter	_____	_____
Faith Organization	_____	_____
Community Center	_____	_____
Food Bank	_____	_____
Emergency Shelter	_____	_____
Volunteer Organization	_____	_____

Pet Care Contacts

Contact	Relationship	Phone
Primary Pet Caregiver	_____	_____
Backup Caregiver	_____	_____
Boarding Facility	_____	_____
Groomer	_____	_____

Important Online Accounts

Record where important digital account information is securely stored. **Do not write passwords in this planner.**

Account	Username / Email	Password Manager or Storage Location
Email	_____	_____
Banking	_____	_____
Insurance	_____	_____
Utility Accounts	_____	_____

Account	Username / Email	Password Manager or Storage Location
Medical Portal		

Emergency Notification Apps

Check the apps and alert systems your household uses.

- ☐ FEMA App
- ☐ Local Emergency Alerts
- ☐ NOAA Weather App
- ☐ County Alert System
- ☐ School Notification App
- ☐ Utility Outage Notifications
- ☐ Other

Contact Review Log

Review Date	Changes Made	Reviewed By

Ready For Anything™ Planner Tip

Store important phone numbers in more than one place. Keep this planner updated, carry a wallet-sized emergency contact card, and ensure each responsible family member has

access to your most important contacts. Redundancy is one of the key principles of preparedness.

"When technology fails, a written contact list becomes one of the most valuable resources your family can have."

Next Section: Out-of-State Emergency Contact & Family Communication Plan

SECTION 4

OUT-OF-STATE EMERGENCY CONTACT & FAMILY COMMUNICATION PLAN

Staying Connected When It Matters Most

One of the first challenges many families face during an emergency is communication.

Cell towers can become overloaded. Power outages may interrupt internet service. Family members may be at work, school, or traveling when an emergency occurs.

A written communication plan helps everyone know what to do—even if normal communication methods are unavailable.

This section helps your household establish clear communication procedures before an emergency happens.

Primary Out-of-State Emergency Contact

Choose someone who lives outside your local area and is unlikely to be affected by the same emergency. This person can act as a central point of contact for your family.

Name

Relationship

Address

City / State / ZIP

Home Phone

Cell Phone

Work Phone

Email Address

Best Time to Reach

Secondary Out-of-State Contact

Name

Relationship

Cell Phone

Email

Household Communication Priorities

In an emergency, who should be contacted first?

Priority	Name	Relationship	Phone
1			
2			
3			

Priority	Name	Relationship	Phone
4			
5			

Family Check-In Procedures

If Everyone Is Home

- ☐ Stay together unless evacuation is required.
- ☐ Monitor local emergency information.
- ☐ Contact out-of-state emergency contact if appropriate.
- ☐ Begin household emergency procedures.

Additional Instructions

If Family Members Are Away From Home

Each family member should:

- ☐ Stay calm.
- ☐ Move to a safe location.
- ☐ Contact the designated out-of-state contact.
- ☐ Send a text message if phone calls cannot be completed.
- ☐ Follow workplace or school emergency procedures.
- ☐ Travel to the designated meeting place if instructed.

Additional Instructions

Preferred Communication Methods

Number these in order of preference.

_____ Text Message

_____ Phone Call

_____ Email

_____ Emergency Notification App

_____ Social Media Check-In

_____ Amateur Radio

_____ Two-Way Radio

_____ Satellite Messenger

_____ Other

Family Meeting Locations

Primary Meeting Place (Near Home)

Location

Address

Why This Location?

Secondary Meeting Place (Outside Neighborhood)

Location

Address

Driving Directions Stored?

☐ Yes

☐ No

Regional Meeting Location

If your community must be evacuated, where will your family reunite?

Location

Address

Phone

Emergency Evacuation Destinations

List several places your family could stay if your home becomes uninhabitable.

Location	Contact Person	Phone	Distance
	-	-	
	-	-	
	-	-	

Family Communication Script

Agree on a simple message that each family member will send when safe.

Example:

"I'm safe. I'm at our meeting location. I'll update you again at 6:00 PM."

Our Family Check-In Message

Children After School Plan

If parents cannot immediately reach children:

School Release Instructions

Authorized Pickup Persons

Emergency Childcare Location

Workplace Communication Plan

Primary Employer Notification Method

Supervisor Contact

Remote Work Plan (if applicable)

Communication Equipment

Check the communication tools your household maintains.

☐ Cell Phones

☐ Vehicle Chargers

- ☐ Portable Battery Banks
 - ☐ Solar Charger
 - ☐ NOAA Weather Radio
 - ☐ AM/FM Radio
 - ☐ Two-Way Radios
 - ☐ Amateur (HAM) Radio
 - ☐ Satellite Communicator
 - ☐ Whistles
 - ☐ Signal Mirror
 - ☐ Flashlights
 - ☐ Backup Charging Cables
 - ☐ Printed Contact Directory
 - ☐ Paper Maps
-

Emergency Alert Systems

Register your household for available alerts.

- ☐ FEMA Alerts
 - ☐ County Emergency Notifications
 - ☐ State Emergency Alerts
 - ☐ Weather Alerts
 - ☐ School Alerts
 - ☐ Utility Outage Notifications
 - ☐ Workplace Notifications
 - ☐ Other
-
-

Communication Drill Log

Practice your family communication plan at least twice each year.

Date	Scenario	Successful?	Improvements Needed
		☐ Yes ☐ No	
		☐ Yes ☐ No	
		☐ Yes ☐ No	
		☐ Yes ☐ No	

Notes

Annual Review

Last Updated

Reviewed By

Next Review Date

Ready For Anything™ Planner Tip

During widespread emergencies, text messages often require less network capacity than voice calls and may go through even when phone calls cannot. Encourage every capable family member to know your out-of-state contact, meeting locations, and check-in procedures by memory as well as by using this planner.

"Communication reduces confusion. A family that knows how to reconnect is a family that's better prepared to face any emergency together."

Next Section: Family Emergency Responsibilities

SECTION 5

FAMILY EMERGENCY RESPONSIBILITIES

Everyone Has a Role

During an emergency, confusion can waste valuable time.

Assigning responsibilities before an emergency helps ensure important tasks are completed quickly and reduces stress for everyone involved.

Every member of the household—regardless of age—can contribute in some way. Young children may simply know where to meet, while older children and adults can take on more complex responsibilities.

The goal is not to overwhelm anyone, but to ensure that critical tasks are shared and understood before they're needed.

Review these assignments regularly and update them as your household changes.

Household Emergency Leadership

Primary Emergency Coordinator

Name

Primary Responsibilities

- ☐ Assess the situation
- ☐ Decide whether to evacuate or shelter in place
- ☐ Monitor emergency information
- ☐ Coordinate household activities
- ☐ Contact emergency services if necessary
- ☐ Ensure everyone is accounted for

Phone

Secondary Emergency Coordinator

Name

Responsibilities

☐ Assume leadership if the primary coordinator is unavailable

☐ Assist with communications

☐ Help coordinate evacuation

☐ Support household members

Phone

Household Responsibility Assignment

Responsibility	Primary Person	Backup Person
Account for all family members		
Call 911 (if needed)		
Contact out-of-state emergency contact		
Gather Go Bags		
Retrieve important documents		
Care for infants or young children		
Assist elderly family members		
Assist family members with disabilities		
Care for pets		

Responsibility	Primary Person	Backup Person
Shut off utilities (if necessary)	_____	_____
Load emergency supplies	_____	_____
Drive primary evacuation vehicle	_____	_____
Secure the home before leaving	_____	_____
Monitor emergency radio	_____	_____
Administer first aid	_____	_____

Individual Responsibilities

Household Member #1

Name

Primary Responsibilities

- ☐ Gather personal Go Bag
- ☐ Assist another family member
- ☐ Collect medications
- ☐ Secure pets
- ☐ Retrieve emergency radio
- ☐ Carry water
- ☐ Load vehicle
- ☐ Other

Household Member #2

Name

Primary Responsibilities

☐ Gather personal Go Bag

☐ Assist children

☐ Collect documents

☐ Prepare vehicle

☐ Retrieve food supplies

☐ Other

Household Member #3

Name

Primary Responsibilities

☐ Gather Go Bag

☐ Assist with pets

☐ Carry emergency supplies

☐ Check rooms

☐ Other

Household Member #4

Name

Primary Responsibilities

- ☐ Gather emergency supplies
 - ☐ Assist another family member
 - ☐ Help load vehicle
 - ☐ Other
-
-

Children's Responsibilities

Children can participate according to their age and abilities.

Young Children

- ☐ Stay with an adult
 - ☐ Know family meeting place
 - ☐ Know full name
 - ☐ Know parents' names
 - ☐ Know emergency contact
-

Older Children

- ☐ Carry personal Go Bag
 - ☐ Assist younger siblings
 - ☐ Help with pets
 - ☐ Carry water
 - ☐ Bring comfort items
 - ☐ Help monitor supplies
 - ☐ Know emergency meeting locations
-

Pet Responsibilities

Who is responsible for:

Task	Primary	Backup
Gather pet food		
Retrieve leash/carrier		
Collect medications		
Load pets into vehicle		
Bring vaccination records		
Confirm all pets are accounted for		

Home Shutdown Checklist

If evacuation is required and time allows:

Task	Assigned To	Completed
Lock doors and windows		
Turn off appliances		
Shut off utilities (if instructed)		
Gather important documents		
Load emergency supplies		
Secure pets		
Notify emergency contact		

Vehicle Loading Assignments

Who loads each item?

Item	Assigned Person
Go Bags	_____
Food	_____
Water	_____
Medical Kit	_____
Pet Supplies	_____
Important Documents	_____
Electronics & Chargers	_____
Extra Clothing	_____
Blankets	_____

Special Circumstances

If a household member is:

At Work

At School

Traveling

Home Alone

Practice & Training

Assign dates to review and practice your household plan.

Activity	Frequency	Next Date
Family Meeting	Quarterly	_____
Fire Drill	Twice Per Year	_____
Evacuation Drill	Twice Per Year	_____
Shelter-in-Place Drill	Annually	_____
Communication Drill	Twice Per Year	_____
Utility Shutoff Review	Annually	_____

Lessons Learned

After each drill or real emergency, record what worked well and what needs improvement.

What worked well?

What needs improvement?

Changes to make before the next drill:

Responsibility Review

Each household member understands their assigned responsibilities.

Name	Reviewed	Date
	☐	
	☐	
	☐	
	☐	
	☐	

Ready For Anything™ Planner Tip

Assign responsibilities based on each person's abilities, not simply their age. Practice these assignments during family drills so everyone becomes comfortable with their role. When responsibilities are familiar, emergencies become more manageable and coordinated.

"Prepared families don't wait to decide who does what—they've already practiced working together."

Next Section: Children, Seniors & Special Needs Planning

SECTION 6

CHILDREN, SENIORS & SPECIAL NEEDS PLANNING

Plan for Those Who Depend on You

Every household has unique needs.

Infants, children, older adults, and individuals with medical conditions or disabilities may require additional planning during an emergency. Preparing in advance helps ensure that everyone receives the care, equipment, medications, and support they need if normal routines are disrupted.

This section is designed to help you identify those needs and document important information before an emergency occurs.

Review these pages at least twice each year and update them whenever circumstances change.

Household Members Requiring Additional Assistance

Name	Age	Reason for Additional Planning
		—
		—
		—
		—

Young Children

Child Profile

Name

Date of Birth

School / Daycare

Teacher / Caregiver

School Phone

Authorized Pickup Persons

Name

Relationship

Phone

Child's Emergency Information

Favorite Comfort Item

Food Allergies

Medical Conditions

Medications

Emergency Contacts Memorized?

☐ Yes

☐ No

Knows Home Address?

☐ Yes

☐ No

Knows Parents' Full Names?

☐ Yes

☐ No

Infant Care Checklist

If your household includes an infant, verify that you have:

☐ Formula or feeding supplies

☐ Bottles

☐ Baby food

☐ Diapers

☐ Wipes

☐ Rash cream

☐ Extra clothing

☐ Blankets

☐ Baby medications

☐ Thermometer

☐ Baby carrier

- ☐ Car seat
- ☐ Favorite comfort item
- ☐ Copies of medical records
- ☐ Emergency contact information

Notes

Senior Care Planning

Household Member

Lives

- ☐ In Home
 - ☐ Nearby
 - ☐ Assisted Living
 - ☐ Independent Living
 - ☐ Nursing Facility
-

Mobility

- ☐ Independent
 - ☐ Cane
 - ☐ Walker
 - ☐ Wheelchair
 - ☐ Requires Assistance
-

Medical Equipment

- ☐ Oxygen
- ☐ CPAP
- ☐ Hospital Bed
- ☐ Lift Equipment
- ☐ Hearing Aids
- ☐ Glasses
- ☐ Other

Daily Assistance Required

Emergency Caregiver

Name

Relationship

Phone

Medication Management

List medications that must always accompany this individual.

Medication	Purpose	Refill Date

Medication

Purpose

Refill Date

Individuals with Disabilities or Medical Needs

Name

Primary Diagnosis or Condition (Optional)

Important Medical Equipment

Emergency Care Instructions

Primary Caregiver

Backup Caregiver

Medical Equipment Checklist

- ☐ Oxygen Supplies
- ☐ Backup Batteries
- ☐ Power Backup
- ☐ Charging Equipment
- ☐ Extra Medical Supplies
- ☐ Replacement Parts

- ☐ Extension Cords
 - ☐ User Manuals
 - ☐ Physician Contact Information
 - ☐ Prescription Copies
-

Communication Needs

Does anyone in the household require:

- ☐ Hearing Assistance
 - ☐ Vision Assistance
 - ☐ Interpreter
 - ☐ Picture Communication
 - ☐ Written Instructions
 - ☐ Cognitive Assistance
 - ☐ Service Animal
 - ☐ Other
-
-

Transportation Planning

Who will assist during an evacuation?

Primary Driver

Backup Driver

Accessible Vehicle Available?

- ☐ Yes

☐ No

Additional Equipment Needed

Emergency Shelter Considerations

Before an emergency occurs, identify shelters or facilities that can accommodate your household's needs.

Preferred Shelter

Phone

Accepts Pets?

☐ Yes

☐ No

Medical Support Available?

☐ Yes

☐ No

Accessible?

☐ Yes

☐ No

Daily Essential Items

Check items that must accompany this individual during an evacuation.

☐ Prescription Medications

☐ Medical Records

☐ Insurance Cards

- ☐ Identification
- ☐ Glasses
- ☐ Hearing Aids
- ☐ Dentures
- ☐ Mobility Equipment
- ☐ Batteries
- ☐ Chargers
- ☐ Personal Hygiene Supplies
- ☐ Special Diet Foods
- ☐ Water
- ☐ Medical Equipment
- ☐ Comfort Items
- ☐ Extra Clothing
- ☐ Blankets
- ☐ Emergency Contact List

Caregiver Instructions

Provide important information someone unfamiliar with this person's routine would need.

Morning Routine

Medication Schedule

Dietary Requirements

Behavioral or Emotional Considerations

Emergency Instructions

Practice Scenarios

Discuss and practice these situations with your family.

- ☐ Evacuating with a wheelchair
- ☐ Evacuating with an infant
- ☐ Caring for someone requiring oxygen
- ☐ Power outage affecting medical devices
- ☐ School evacuation
- ☐ Shelter-in-place for several days
- ☐ Emergency transportation
- ☐ Reuniting with separated family members

Annual Review

Item	Reviewed
Medical Information Updated	☐
Medications Reviewed	☐
Emergency Contacts Verified	☐
Caregiver Information Updated	☐
Medical Equipment Tested	☐

Item	Reviewed
Transportation Plan Reviewed	☐
Emergency Kits Updated	☐
Review Date	
Reviewed By	
Next Review	

Ready For Anything™ Planner Tip

Households with children, seniors, or individuals with medical needs often require additional time to evacuate and may need specialized supplies. Build emergency kits that are tailored to each person's unique requirements, and keep at least several days' worth of essential medications and medical supplies whenever possible. Practice your plans so every caregiver understands what to do.

"Preparedness is at its best when it accounts for every member of the household —especially those who rely on others for their safety and care."

Next Section: Medical Information & Healthcare Directory

SECTION 7

MEDICAL INFORMATION & HEALTHCARE DIRECTORY

Be Prepared for Medical Emergencies

Medical emergencies can happen at any time—and during a disaster, access to healthcare may be delayed.

Having current medical information in one organized location can help emergency responders, caregivers, and family members provide appropriate care when it matters most.

This section is designed to organize important medical information for your household. Update it whenever medications, healthcare providers, insurance, or medical conditions change.

Privacy Tip: This planner contains sensitive information. Store it in a secure but accessible location and only share it with trusted family members or caregivers.

Household Medical Summary

Primary Care Physician

Name

Clinic / Practice

Phone

Address

Preferred Hospital

Address

Emergency Department Phone

Preferred Urgent Care

Phone

Pharmacy

Name

Address

Phone

24-Hour Pharmacy Available?

☐ Yes

☐ No

Household Medical Overview

Household Member	Medical Conditions	Daily Medications	Allergies
-	-	-	

Household Member	Medical Conditions	Daily Medications	Allergies
-	-	-	
-	-	-	
-	-	-	

Physician Directory

Specialty	Physician	Phone
Family Medicine		
Pediatrician		
Cardiologist		
Neurologist		
Orthopedic		
OB/GYN		
Endocrinologist		
Pulmonologist		
Oncologist		
Mental Health		
Other		

Dentist & Vision Care

Dentist

Name

Phone

Last Visit

Orthodontist (if applicable)

Phone

Eye Doctor

Phone

Medical Insurance

Insurance Provider

Policy Number

Group Number

Member Services Phone

Website

Prescription Insurance

Provider

Phone

Policy Number

Medication Inventory

Record medications that should always be available during an emergency.

Medication	Household Member	Quantity on Hand	Refill Needed

Medication Refill Tracker

Medication	Last Filled	Next Refill	Completed
			☐
			☐
			☐
			☐

Medical Equipment Inventory

Check all equipment your household relies on.

- ☐ Blood Pressure Monitor
- ☐ Blood Glucose Meter
- ☐ Insulin Supplies
- ☐ Oxygen Equipment
- ☐ CPAP Machine
- ☐ Nebulizer
- ☐ Hearing Aids
- ☐ Wheelchair
- ☐ Walker
- ☐ Cane
- ☐ Hospital Bed
- ☐ Portable Suction Device
- ☐ Pulse Oximeter
- ☐ AED (Automated External Defibrillator)
- ☐ Other

Backup Power for Medical Equipment

Equipment Requiring Electricity

Backup Battery Available?

☐ Yes

☐ No

Generator Available?

☐ Yes

☐ No

Estimated Runtime

Allergies

Record serious allergies within your household.

Household Member	Allergy	EpiPen Needed?
		☐
		☐
		☐
		☐

Blood Types

Household Member	Blood Type

Household Member

Blood Type

Vaccination Records

Maintain copies of important vaccination records for each household member.

- ☐ COVID-19
- ☐ Tetanus
- ☐ Influenza
- ☐ Pneumonia
- ☐ Hepatitis
- ☐ Shingles
- ☐ Childhood Immunizations
- ☐ Pet Vaccinations

Storage Location

Emergency Medical Documents

Verify copies of the following are stored with your important documents.

- ☐ Medical Insurance Cards
- ☐ Prescription List
- ☐ Medication Schedule
- ☐ Physician Contact List
- ☐ Living Will
- ☐ Advance Healthcare Directive
- ☐ Healthcare Power of Attorney

- ☐ Organ Donor Information
- ☐ Medical Device Instructions
- ☐ Allergy Information
- ☐ Blood Type Information
- ☐ Recent Lab Results (if appropriate)

First Aid Training

Who in the household has completed the following?

Training	Name	Expiration Date
CPR	_____	_____
First Aid	_____	_____
AED	_____	_____
Stop the Bleed®	_____	_____
Wilderness First Aid	_____	_____
CERT Medical	_____	_____

Medical Emergency Contacts

Contact	Name	Phone
Primary Caregiver	_____	_____
Emergency Medical Contact	_____	_____
Home Health Provider	_____	_____
Medical Equipment Supplier	_____	_____
Insurance Case Manager	_____	_____

Healthcare Notes

Use this space for important medical information that doesn't fit elsewhere.

Annual Medical Review

Review each year to ensure your information remains accurate.

Task	Complete
Physician Information Updated	☐
Insurance Information Verified	☐
Medications Reviewed	☐
Medical Equipment Tested	☐
Emergency Contacts Updated	☐
Vaccination Records Updated	☐
Medical Documents Reviewed	☐
Backup Supplies Checked	☐

Review Date

Reviewed By

Next Review

Ready For Anything™ Planner Tip

Aim to maintain a current list of medications, healthcare providers, and medical conditions for every household member. If you depend on prescription medications or electrically powered medical equipment, talk with your healthcare provider and utility company about emergency preparedness options, including backup power and advance refill policies where available.

"Medical preparedness isn't just about first aid—it's about ensuring your family's ongoing health when normal healthcare services are disrupted."

Next Section: Prescription Medication & Medical Supply Management

SECTION 8

PRESCRIPTION MEDICATION & MEDICAL SUPPLY MANAGEMENT

Ensure Your Household Has What It Needs

Prescription medications and essential medical supplies are among the most important items to plan for during an emergency.

Weather events, power outages, supply chain disruptions, transportation problems, or temporary pharmacy closures can delay access to medications and medical equipment. Planning ahead can help reduce the risk of interruptions.

This section helps you organize medication information, monitor refill schedules, and maintain an inventory of critical medical supplies.

Important: Always follow the guidance of your healthcare provider and applicable laws regarding prescription medications. Do not stockpile medications beyond what is legally prescribed or recommended.

Household Medication Summary

Household Member	Daily Medications	Emergency Supply Available?
		☐ Yes ☐ No
		☐ Yes ☐ No
		☐ Yes ☐ No
		☐ Yes ☐ No
		☐ Yes ☐ No

Prescription Medication Log

Emergency Medication Checklist

Review each item regularly.

- ☐ Seven-day supply available (where practical)
- ☐ Prescription list printed
- ☐ Copies of prescriptions available
- ☐ Physician contact information updated
- ☐ Pharmacy contact information updated
- ☐ Medication storage reviewed
- ☐ Expiration dates checked
- ☐ Refrigerated medications protected
- ☐ Medical ID information current

Medication Expiration Tracker

Medication	Expiration Date	Replace By

Medical Supply Inventory

Record the supplies your household uses regularly.

Item	Quantity	Minimum Desired	Restock Needed
Bandages			☐

Item	Quantity	Minimum Desired	Restock Needed
Gauze Pads	_____	_____	☐
Medical Tape	_____	_____	☐
Antiseptic Wipes	_____	_____	☐
Antibiotic Ointment	_____	_____	☐
Pain Relievers	_____	_____	☐
Thermometer	_____	_____	☐
Disposable Gloves	_____	_____	☐
Face Masks	_____	_____	☐
Hand Sanitizer	_____	_____	☐
Prescription Supplies	_____	_____	☐
Other	_____	_____	☐

Medical Equipment Maintenance

Equipment	Last Tested	Next Inspection
Blood Pressure Monitor	_____	_____
Blood Glucose Meter	_____	_____
Pulse Oximeter	_____	_____
Nebulizer	_____	_____
CPAP Machine	_____	_____
Oxygen Equipment	_____	_____
AED	_____	_____
Other	_____	_____

Refrigerated Medications

Some medications require refrigeration and may be affected by power outages.

Medication(s)

Storage Temperature

Maximum Time Without Refrigeration

Emergency Cooling Method

- ☐ Cooler
- ☐ Ice Packs
- ☐ Portable Refrigerator
- ☐ Generator
- ☐ Battery Backup
- ☐ Other

Medical Device Power Requirements

Device	Power Source	Backup Available?
		☐
		☐
		☐
		☐

Emergency Medical Kit Checklist

Verify your household emergency medical kit contains:

Wound Care

- ☐ Adhesive bandages
 - ☐ Sterile gauze
 - ☐ Medical tape
 - ☐ Elastic bandage
 - ☐ Trauma dressing
 - ☐ Antiseptic solution
 - ☐ Antibiotic ointment
 - ☐ Burn dressing
-

Basic Medical Supplies

- ☐ Tweezers
 - ☐ Scissors
 - ☐ Digital thermometer
 - ☐ Instant cold packs
 - ☐ CPR face shield
 - ☐ Disposable gloves
 - ☐ Eye wash
 - ☐ Emergency blanket
-

Medications

- ☐ Pain reliever
- ☐ Allergy medication

- ☐ Anti-diarrheal medication
 - ☐ Antacid
 - ☐ Oral rehydration solution
 - ☐ Prescription medications (if appropriate)
-

Specialized Supplies

- ☐ EpiPen® (if prescribed)
 - ☐ Inhaler
 - ☐ Blood glucose supplies
 - ☐ Oxygen supplies
 - ☐ Medical device batteries
 - ☐ Spare eyeglasses
 - ☐ Hearing aid batteries
 - ☐ Other
-
-

Medication Questions for Your Healthcare Provider

Use this page during appointments.

- ☐ Can prescriptions be synchronized for easier refills?
- ☐ Are there alternative medications available if shortages occur?
- ☐ What should I do if I miss several doses?
- ☐ How should medications be stored during power outages?
- ☐ Are there travel or emergency copies of prescriptions available?

Additional Questions

Medical Supply Shopping List

Item	Quantity Needed	Purchased

Review Schedule

Review this section every three months.

Task	Complete
Prescription list updated	
Expiration dates checked	
Medical supplies inventoried	
Equipment tested	
Refill schedule reviewed	
Emergency kit inspected	
Review Date	
Reviewed By	

Ready For Anything™ Planner Tip

Many medications, medical devices, and first aid supplies have expiration dates or require periodic maintenance. Schedule a quarterly review to check expiration dates, rotate supplies, replace batteries, and confirm that prescriptions and healthcare provider information remain current.

"Prepared medical care begins long before an emergency—with organized records, well-maintained supplies, and a plan for continuity of care."

Next Section: Pet Emergency Planning & Care

SECTION 9

PET EMERGENCY PLANNING & CARE

Every Member of the Family Deserves a Plan

For many households, pets are family.

During an emergency, they depend entirely on their owners for food, water, shelter, transportation, and medical care. Unfortunately, pets are often overlooked in emergency planning, which can make evacuations more difficult and stressful.

This section helps you organize everything you'll need to keep your pets safe before, during, and after an emergency.

Remember: Many public emergency shelters do not allow pets (with the exception of service animals). Identify pet-friendly lodging, boarding facilities, or trusted friends and family before an emergency occurs.

Household Pet Summary

Pet Name	Species	Breed	Age	Microchipped?
-	-	-		
-	-	-		
-	-	-		
-	-	-		

Individual Pet Profile

Pet Name

Species

Breed

Color / Identifying Features

Date of Birth (Approximate)

Sex

☐ Male

☐ Female

☐ Neutered/Spayed

Identification

Microchip Number

Rabies Tag Number

License Number

Photo Updated

Attach a recent photograph to this planner or store one digitally.

Veterinarian Information

Veterinary Clinic

Veterinarian

Address

Phone

Emergency Veterinary Hospital

Emergency Phone

Medical Information

Current Medical Conditions

Current Medications

Known Allergies

Special Dietary Requirements

Daily Care Information

Feeding Schedule

Food Brand

Daily Water Requirements

Favorite Treats

Behavioral Notes

Emergency Caregiver

If you are unable to care for your pet, who can?

Primary Caregiver

Name

Relationship

Phone

Backup Caregiver

Name

Relationship

Phone

Pet Emergency Kit Checklist

Prepare one emergency kit for each pet.

Food & Water

- ☐ Three to seven days of food
 - ☐ Bottled water
 - ☐ Food bowls
 - ☐ Water bowl
 - ☐ Manual can opener (if needed)
-

Medical Supplies

- ☐ Prescription medications
 - ☐ Flea & tick medications
 - ☐ Vaccination records
 - ☐ Medical history
 - ☐ First aid supplies
 - ☐ Copies of prescriptions
-

Equipment

- ☐ Leash
- ☐ Harness
- ☐ Collar with ID tag
- ☐ Carrier or crate
- ☐ Muzzle (if appropriate)
- ☐ Waste bags
- ☐ Litter & litter pan (cats)
- ☐ Bedding or blanket
- ☐ Favorite toy

☐ Grooming supplies

Documentation

☐ Recent photograph

☐ Microchip information

☐ Veterinary records

☐ Ownership records

☐ Emergency contact information

Pet Evacuation Plan

Primary Evacuation Destination

Phone

Pet-Friendly?

☐ Yes

☐ No

Secondary Destination

Phone

Pet-Friendly?

☐ Yes

☐ No

Boarding Facility

Phone

Transportation Plan

Primary Vehicle

Carrier Location

Extra Leash Stored?

☐ Yes

☐ No

Loading Instructions

Pet-Friendly Resources

Resource	Name	Phone
Boarding Facility		
Groomer		
Pet Supply Store		
Animal Shelter		
Animal Control		

Vaccination Tracker

Vaccine	Date Given	Due Again
Rabies	_____	_____
Distemper	_____	_____
Bordetella	_____	_____
Other	_____	_____

Medication Tracker

Medication	Dosage	Refill Date
_____	_____	_____
_____	_____	_____
_____	_____	_____

Pet Supply Inventory

Item	Quantity	Minimum Desired	Restock Needed
Dry Food	_____	_____	☐
Canned Food	_____	_____	☐
Water	_____	_____	☐
Treats	_____	_____	☐
Medications	_____	_____	☐
Waste Bags	_____	_____	☐
Cat Litter	_____	_____	☐
Bedding	_____	_____	☐
Other	_____	_____	☐

Emergency Instructions

If someone unfamiliar must care for your pet, provide important information.

Daily Routine

Feeding Instructions

Medication Instructions

Behavior Around Strangers

Special Concerns

Annual Pet Preparedness Review

Task	Complete
Vaccinations Current	☐
Microchip Information Verified	☐
ID Tags Updated	☐
Emergency Kit Inspected	☐
Food Rotated	☐
Medications Reviewed	☐
Caregiver Information Updated	☐

Task	Complete
Evacuation Plan Reviewed	☐
Review Date	
Reviewed By	
Next Review	

Ready For Anything™ Planner Tip

Keep a pet carrier, leash, and emergency kit in an easily accessible location. Practice loading your pets into their carriers so they become comfortable with the process before an emergency occurs. Include a recent photo of each pet with you in the picture as proof of ownership, and keep digital copies of veterinary records and vaccination certificates.

"Your pets rely on you for everything. A few minutes of planning today can make all the difference when every minute counts."

Next Section: Household Risk Assessment & Hazard Analysis

SECTION 10

HOUSEHOLD RISK ASSESSMENT & HAZARD ANALYSIS

Know Your Risks Before They Become Emergencies

Preparedness begins with understanding the hazards most likely to affect your household.

Every community faces different risks. A family living near the coast may prepare for hurricanes and storm surge, while a family in the Midwest may prioritize tornadoes. Others may be more concerned about winter storms, earthquakes, wildfires, floods, or extended power outages.

By identifying the hazards most likely to impact your home, you can focus your time, budget, and resources where they will have the greatest benefit.

Remember, preparedness is not about planning for every possible event—it is about planning for the events that are most likely to affect your family.

Household Information

Address

County

State / Province

Nearest Major City

Community Hazard Assessment

Rate the likelihood each hazard could affect your household.

Hazard	Low	Medium	High	Prepared?
Severe Thunderstorms	☐	☐	☐	☐
Tornado	☐	☐	☐	☐
Hurricane / Tropical Storm	☐	☐	☐	☐
Flood	☐	☐	☐	☐
Flash Flood	☐	☐	☐	☐
Wildfire	☐	☐	☐	☐
Winter Storm	☐	☐	☐	☐
Ice Storm	☐	☐	☐	☐
Extreme Heat	☐	☐	☐	☐
Earthquake	☐	☐	☐	☐
Landslide	☐	☐	☐	☐
Drought	☐	☐	☐	☐
Power Outage	☐	☐	☐	☐
Water Outage	☐	☐	☐	☐
Hazardous Materials Incident	☐	☐	☐	☐
Pandemic / Public Health Emergency	☐	☐	☐	☐
Civil Unrest	☐	☐	☐	☐
Cyberattack Affecting Utilities	☐	☐	☐	☐
Supply Chain Disruptions	☐	☐	☐	☐

Hazard	Low	Medium	High	Prepared?
Other	☐	☐	☐	☐

Property Risk Assessment

Check all that apply to your property.

Location Risks

- ☐ Floodplain
 - ☐ Near River or Creek
 - ☐ Coastal Area
 - ☐ Wildland-Urban Interface
 - ☐ Heavy Forest
 - ☐ Mountain Area
 - ☐ Desert
 - ☐ Rural Area
 - ☐ Urban Area
 - ☐ High Crime Area
 - ☐ Industrial Area Nearby
 - ☐ Railroad Nearby
 - ☐ Major Highway Nearby
 - ☐ Chemical Facility Nearby
 - ☐ Airport Nearby
 - ☐ Dam Downstream
 - ☐ Other
-
-

Home Construction

Year Built

Construction Type

- ☐ Wood Frame
 - ☐ Brick
 - ☐ Concrete
 - ☐ Steel
 - ☐ Manufactured Home
 - ☐ Other
-

Roof Type

- ☐ Asphalt
 - ☐ Metal
 - ☐ Tile
 - ☐ Flat
 - ☐ Other
-
-

Utility Risks

Mark any concerns.

- ☐ Frequent Power Outages
- ☐ Well Water
- ☐ Septic System
- ☐ Limited Cell Service

- ☐ No Natural Gas
 - ☐ Limited Internet
 - ☐ Long Utility Restoration Times
 - ☐ Remote Road Access
 - ☐ Long Driveway
 - ☐ Bridge Access Required
 - ☐ Other
-
-

Nearby Resources

Distance to:

Hospital

_____ Miles

Fire Station

_____ Miles

Police Department

_____ Miles

Pharmacy

_____ Miles

Grocery Store

_____ Miles

Gas Station

_____ Miles

Emergency Shelter

_____ Miles

Household Vulnerability Assessment

Does anyone in your household rely on:

- ☐ Electricity for Medical Equipment
- ☐ Refrigerated Medications
- ☐ Daily Prescription Medications
- ☐ Mobility Equipment
- ☐ Oxygen
- ☐ Caregiver Assistance
- ☐ Public Transportation
- ☐ Home Healthcare
- ☐ School Transportation
- ☐ Other

Financial Risk Assessment

Check areas that may require additional planning.

- ☐ Limited Emergency Savings
- ☐ High Insurance Deductible
- ☐ Single Household Income
- ☐ Home-Based Business
- ☐ Rental Property
- ☐ Seasonal Employment
- ☐ Limited Paid Leave
- ☐ Other

Household Strength Assessment

What advantages does your household already have?

- ☐ Generator
- ☐ Backup Heating
- ☐ Solar Power
- ☐ Battery Backup
- ☐ Deep Pantry
- ☐ Water Storage
- ☐ HAM Radio
- ☐ Four-Wheel Drive Vehicle
- ☐ RV
- ☐ Boat
- ☐ Chainsaw
- ☐ Medical Training
- ☐ Mechanical Skills
- ☐ Strong Neighborhood Network
- ☐ CERT Training
- ☐ Other

Preparedness Priorities

Based on your assessment, rank your top five priorities.

Priority	Area to Improve	Target Completion
1		
2		

Priority	Area to Improve	Target Completion
3		
4		
5		

Household Risk Reduction Projects

List projects that will improve your preparedness.

- ☐ Install smoke alarms
- ☐ Install carbon monoxide detectors
- ☐ Trim trees near home
- ☐ Create wildfire defensible space
- ☐ Improve drainage
- ☐ Install surge protection
- ☐ Purchase generator
- ☐ Expand food storage
- ☐ Increase water storage
- ☐ Build emergency kits
- ☐ Improve home security
- ☐ Reinforce safe room
- ☐ Secure heavy furniture
- ☐ Label utility shutoffs
- ☐ Other

Annual Hazard Review

During the past year:

- ☐ Experienced severe weather
- ☐ Experienced extended power outage
- ☐ Experienced flooding
- ☐ Experienced wildfire smoke
- ☐ Experienced water interruption
- ☐ Evacuated home
- ☐ Used emergency supplies
- ☐ Updated insurance
- ☐ Reviewed emergency plans
- ☐ Completed preparedness training

Lessons Learned

What events affected your household this year?

What worked well?

What improvements should be made?

Annual Risk Assessment Review

Task	Complete
Hazard Assessment Updated	☐
Property Risks Reviewed	☐
Household Needs Reviewed	☐
Preparedness Priorities Updated	☐
Insurance Reviewed	☐
Emergency Plans Updated	☐

Review Date

Reviewed By

Next Review

Ready For Anything™ Planner Tip

Risk assessments should evolve as your household changes. A new baby, a move to a different neighborhood, an aging family member, or changes in local infrastructure can all affect your preparedness priorities. Review this section annually and after any major life event or significant emergency.

"The best preparedness plans begin with understanding your risks. When you know what you're most likely to face, you can prepare with purpose instead of guessing."

Next Section: Utility Shutoffs & Home Safety Systems

SECTION 11

UTILITY SHUTOFFS & HOME SAFETY SYSTEMS

Know How to Make Your Home Safer

In many emergencies, one of the first priorities is making your home as safe as possible.

Knowing how and when to shut off electricity, natural gas, propane, or water can help reduce additional damage after a storm, earthquake, flood, or other disaster. Likewise, understanding the location and maintenance requirements of your home's safety systems can improve your family's ability to respond quickly and confidently.

Important: Never shut off utilities unless it is necessary for safety or you have been instructed to do so by emergency officials or your utility provider. If you smell natural gas, leave the building immediately and contact your utility company or emergency services from a safe location.

Home Utility Overview

Property Address

Year Built

Primary Utility Providers

Utility	Company	Emergency Phone
Electric		
	—	
Natural Gas		
	—	
Propane		
	—	
Water		
	—	

Utility	Company	Emergency Phone
Sewer / Septic		
	—	
Internet		
	—	

Main Electrical Service

Main Electrical Panel Location

Main Breaker Size

Amps

Panel Accessible?

☐ Yes

☐ No

Main Breaker Clearly Labeled?

☐ Yes

☐ No

Everyone knows where it is?

☐ Yes

☐ No

Electrical Safety Checklist

☐ Main breaker identified

☐ Individual breakers labeled

☐ Flashlight stored nearby

- ☐ Electrical panel unobstructed
- ☐ Spare fuses available (if applicable)
- ☐ Surge protectors installed
- ☐ Whole-house surge protector installed (if applicable)

Notes

Main Water Shutoff

Location

Shutoff Tool Required?

☐ Yes

☐ No

Tool Stored At

Date Last Tested

Water System

Primary Water Source

☐ Municipal

☐ Private Well

☐ Shared Well

☐ Rainwater Collection

Well Pump Requires Electricity?

☐ Yes

☐ No

Backup Water Available?

☐ Yes

☐ No

Approximate Stored Water

_____ Gallons

Natural Gas Shutoff

Does your home have natural gas?

☐ Yes

☐ No

Main Shutoff Valve Location

Gas Shutoff Wrench Location

Household Members Trained?

☐ Yes

☐ No

Date Reviewed

Propane System

Does your home use propane?

☐ Yes

☐ No

Tank Size

Tank Location

Current Fuel Level

_____ %

Supplier

Emergency Phone

Septic System

☐ Municipal Sewer

☐ Septic System

If Septic:

Tank Location

Last Pumped

Service Company

Backup Power Systems

Generator

Generator Type

☐ Portable

☐ Standby

☐ Inverter

Manufacturer

Model

Fuel Type

☐ Gasoline

☐ Propane

☐ Diesel

☐ Natural Gas

☐ Dual Fuel

Fuel Stored

Runtime at 50% Load

Transfer Switch Installed?

☐ Yes

☐ No

Last Tested

Next Maintenance

Battery Backup

☐ Portable Power Station

☐ UPS Battery Backup

☐ Whole-Home Battery

☐ Solar Battery System

Capacity

Last Tested

Home Fire Protection

Smoke Alarms

Number Installed

Last Battery Change

Last Tested

Carbon Monoxide Alarms

Number Installed

Last Tested

Fire Extinguishers

Location	Type	Inspection Date
Kitchen	_____	_____
Garage	_____	_____
Workshop	_____	_____
Upstairs	_____	_____
Basement	_____	_____

Emergency Escape Equipment

Check items available in your home.

- ☐ Fire Escape Ladder
- ☐ Emergency Window Tools
- ☐ Flashlights in Bedrooms
- ☐ Emergency Lighting
- ☐ Whistles
- ☐ Emergency Radio
- ☐ Spare Batteries
- ☐ Battery Lanterns
- ☐ Fire Blanket

Home Security

Alarm System Installed?

- ☐ Yes
- ☐ No

Security Cameras?

☐ Yes

☐ No

Smart Locks?

☐ Yes

☐ No

Emergency Safe Location

Important Documents Stored

☐ Fireproof Safe

☐ Waterproof Safe

☐ Bank Safe Deposit Box

☐ Digital Backup

Utility Shutoff Practice

Has every responsible household member practiced locating these?

Utility	Reviewed
Electrical Panel	☐
Water Shutoff	☐
Gas Shutoff	☐
Propane Shutoff	☐
Generator Operation	☐
Fire Extinguishers	☐

Home Safety Inspection Checklist

Complete this inspection twice each year.

Inspection Item	Complete
Smoke alarms tested	☐
Carbon monoxide alarms tested	☐
Fire extinguishers inspected	☐
Generator tested	☐
Utility shutoffs located	☐
Emergency lighting checked	☐
Backup batteries charged	☐
Tree limbs trimmed	☐
Gutters cleaned	☐
Fuel supplies inspected	☐
Surge protectors checked	☐
Emergency tools accessible	☐

Maintenance Log

Date	Maintenance Performed	Next Service

Utility Emergency Notes

Record any special procedures for your home.

Annual Review

Review Date

Reviewed By

Next Review

Ready For Anything™ Planner Tip

Walk every responsible member of your household through your home's utility shutoffs and safety equipment before an emergency occurs. A five-minute tour today can prevent confusion during a stressful event. Keep the tools needed to shut off utilities—such as a gas shutoff wrench or water valve key—in an easily accessible, clearly labeled location.

"Your home is your first line of defense. Knowing how to protect it safely can reduce damage, improve response time, and give your family greater confidence during an emergency."

Next Section: Neighborhood Resources & Community Preparedness

SECTION 12

NEIGHBORHOOD RESOURCES & COMMUNITY PREPAREDNESS

Preparedness Is Stronger Together

No household exists in isolation.

During many emergencies, neighbors are often the first people available to offer assistance—sometimes long before outside help arrives. Building relationships within your community and understanding the resources available nearby can improve safety, speed recovery, and reduce stress during difficult situations.

This section helps you identify local resources, trusted neighbors, volunteer organizations, and important community facilities before they're needed.

Neighborhood Information

Neighborhood Name

Homeowners Association (if applicable)

HOA Emergency Contact

Phone

Trusted Neighbors

Identify neighbors you know and trust.

Name	Address	Phone	Skills / Resources
-	-	-	
-	-	-	
-	-	-	
-	-	-	
-	-	-	

Neighbors Who May Need Assistance

Consider checking on neighbors who may require extra help during emergencies.

Name	Address	Special Considerations
		-
		-
		-
		-

Examples may include:

- ☐ Older adults
- ☐ Individuals with disabilities

- ☐ Families with infants
- ☐ Residents who rely on medical equipment
- ☐ People living alone
- ☐ Other
-
-

Community Resources

Resource	Name	Address	Phone
Fire Station			
Police Department			
Sheriff's Office			
Emergency Management Office			
Public Health Department			
Public Works			

Medical Resources

Resource	Name	Phone
Hospital		
Urgent Care		
Pharmacy		
Veterinary Hospital		

Resource	Name	Phone
Poison Information		

Emergency Shelters

Shelter	Address	Phone	Pet Friendly?
			☐
-	-	-	
			☐
-	-	-	
			☐
-	-	-	

Community Meeting Locations

Identify places your family could use as alternate gathering locations.

- ☐ Community Center
- ☐ Church
- ☐ School
- ☐ Library
- ☐ Park
- ☐ Fairgrounds
- ☐ Recreation Center
- ☐ Other

Location

Local Volunteer Organizations

Check organizations active in your community.

☐ Community Emergency Response Team (CERT)

☐ American Red Cross

☐ Salvation Army

☐ Amateur Radio Club

☐ Volunteer Fire Department

☐ Search & Rescue Team

☐ Medical Reserve Corps

☐ Faith-Based Disaster Response

☐ Food Bank

☐ Community Watch Program

☐ Other

Contact Information

Household Skills That Can Help Others

Preparedness is a two-way street. Identify skills your household can contribute during emergencies.

☐ CPR / First Aid

☐ Medical Experience

☐ Mechanical Repair

☐ Electrical Work

☐ Plumbing

☐ Carpentry

☐ Heavy Equipment Operation

☐ Chainsaw Operation

☐ Food Preparation

☐ Child Care

☐ Animal Care

☐ Communications / HAM Radio

☐ Generator Operation

☐ Four-Wheel Drive Vehicle

☐ Language Translation

☐ Other

Equipment Available to Share

Only share equipment when it is safe and practical to do so.

☐ Generator

☐ Chainsaw

☐ Water Purification Equipment

☐ Portable Lighting

☐ Power Tools

☐ Trailer

☐ Pickup Truck

☐ Four-Wheel Drive Vehicle

☐ Fuel Containers

☐ Extension Cords

☐ Air Compressor

☐ Portable Radio

☐ Other

Community Hazard Information

Are any of these located near your home?

☐ Railroad Tracks

☐ Chemical Plant

☐ Petroleum Storage

☐ Airport

☐ Dam

☐ Flood Control Channel

☐ Major Highway

☐ Industrial Facility

☐ Power Substation

☐ High-Voltage Transmission Lines

☐ Water Treatment Plant

☐ Other

Local Emergency Alert Systems

Enroll in available notification systems.

☐ County Emergency Alerts

☐ State Emergency Alerts

☐ FEMA Alerts

☐ NOAA Weather Alerts

- ☐ Utility Outage Alerts
- ☐ School Notifications
- ☐ Community Notification System

Registration Date

Neighborhood Preparedness Activities

Track activities completed with your community.

Activity	Date	Completed
Met neighbors		☐
Shared emergency contacts		☐
Discussed neighborhood risks		☐
Participated in preparedness meeting		☐
Completed community drill		☐
Joined preparedness organization		☐

Community Resource Map

Use this page to sketch or attach a map showing important locations, including:

- Your home
- Nearby hospitals
- Fire station
- Police station
- Schools
- Emergency shelters
- Grocery stores
- Gas stations
- Pharmacies
- Water sources

- Evacuation routes
- Bridges or road closures that could affect travel

Map Notes

Community Preparedness Goals

List improvements you would like to make over the next year.

- ☐ Meet more neighbors
- ☐ Join a CERT program
- ☐ Learn amateur radio
- ☐ Attend preparedness workshops
- ☐ Participate in community drills
- ☐ Volunteer with a local organization
- ☐ Build a neighborhood contact list
- ☐ Create a neighborhood emergency plan
- ☐ Other

Annual Review

Task	Complete
Neighbor contacts updated	☐
Community resources verified	☐
Shelter information reviewed	☐
Emergency alerts confirmed	☐

Task	Complete
Volunteer opportunities explored	☐
Community map updated	☐
Review Date	
Reviewed By	
Next Review	

Ready For Anything™ Planner Tip

Strong communities recover faster than isolated households. Take time to introduce yourself to your neighbors, exchange contact information with trusted individuals, and learn about local emergency resources. You don't have to prepare alone—building relationships can be just as valuable as building supplies.

"Prepared neighborhoods create resilient communities. When neighbors know one another before an emergency, they're better equipped to help each other through it."

Next Section: Preparedness Training, Skills & Certifications

Emergency Skills Assessment

Mark your current skill level.

Skill	None	Basic	Intermediate	Advanced
First Aid	☐	☐	☐	☐
CPR	☐	☐	☐	☐
AED Use	☐	☐	☐	☐
Fire Extinguisher Operation	☐	☐	☐	☐
Utility Shutoffs	☐	☐	☐	☐
Emergency Communications	☐	☐	☐	☐
Weather Awareness	☐	☐	☐	☐
Navigation (Map & Compass)	☐	☐	☐	☐
Water Purification	☐	☐	☐	☐
Emergency Cooking	☐	☐	☐	☐
Food Preservation	☐	☐	☐	☐
Generator Operation	☐	☐	☐	☐
Chainsaw Safety	☐	☐	☐	☐
Amateur Radio	☐	☐	☐	☐
Search & Rescue	☐	☐	☐	☐

Certifications

Record completed certifications and renewal dates.

Certification	Household Member	Date Earned	Renewal Date
CPR			
First Aid			
AED			
Stop the Bleed®			
CERT			
Amateur Radio License			
Wilderness First Aid			
Other			

Completed Training

Course	Organization	Date Completed

Books, Courses & Resources

Keep track of preparedness resources you've completed or want to study.

Title	Type	Completed
	Book	☐
	Online Course	☐

Title	Type	Completed
	Workshop	☐
	Webinar	☐
	Podcast	☐
	Other	☐

Skills We Want to Learn

Check the skills your household would like to develop.

- ☐ Basic First Aid
- ☐ CPR
- ☐ AED Operation
- ☐ Stop the Bleed®
- ☐ Emergency Child Care
- ☐ Pet First Aid
- ☐ Fire Safety
- ☐ Disaster Psychology
- ☐ Amateur Radio
- ☐ Generator Maintenance
- ☐ Water Purification
- ☐ Food Storage
- ☐ Pressure Canning
- ☐ Dehydrating Food
- ☐ Gardening
- ☐ Composting

- ☐ Home Repair
- ☐ Electrical Basics
- ☐ Plumbing Basics
- ☐ Vehicle Maintenance
- ☐ Wilderness Survival
- ☐ Navigation
- ☐ Search & Rescue
- ☐ Self-Defense Awareness
- ☐ CERT Training
- ☐ Other

Household Practice Schedule

Preparedness skills improve with practice.

Activity	Frequency	Next Practice
Fire Drill	Twice Per Year	_____
Evacuation Drill	Twice Per Year	_____
Shelter-in-Place Drill	Annually	_____
Utility Shutoff Practice	Annually	_____
Generator Operation	Quarterly	_____
Radio Communication	Quarterly	_____
First Aid Review	Annually	_____
Go Bag Inspection	Quarterly	_____

Emergency Exercise Log

Record drills, exercises, or real-world experiences.

Date	Exercise	Lessons Learned

Household Equipment Familiarity

Can every responsible household member safely operate these items?

Equipment	Yes	Needs Training
Fire Extinguisher	☐	☐
Generator	☐	☐
Water Shutoff	☐	☐
Electrical Panel	☐	☐
Gas Shutoff	☐	☐
NOAA Weather Radio	☐	☐
Two-Way Radio	☐	☐
Portable Power Station	☐	☐
Emergency Stove	☐	☐

Annual Learning Goals

What would you like your household to accomplish this year?

Goal #1

Target Date

Completed

☐

Goal #2

Target Date

Completed

☐

Goal #3

Target Date

Completed

☐

Training Notes

Record helpful lessons, techniques, instructor recommendations, or improvements.

Annual Training Review

Task	Complete
Certifications Reviewed	☐
Expired Certifications Renewed	☐
Household Skills Updated	☐
Practice Schedule Updated	☐
New Learning Goals Established	☐
Emergency Drills Completed	☐

Review Date

Reviewed By

Next Review

Ready For Anything™ Planner Tip

Preparedness is more than equipment—it's the ability to use your knowledge under pressure. Schedule regular family practice sessions, review emergency procedures together, and seek reputable training opportunities through organizations such as your local fire department, emergency management agency, or recognized first aid providers.

"Supplies may run out, but knowledge and practiced skills stay with you for life. The more you learn today, the more confidently you'll respond tomorrow."

Next Section: Preparedness Document Storage & Important Records

SECTION 14

PREPAREDNESS DOCUMENT STORAGE & IMPORTANT RECORDS

Protect the Documents That Matter Most

After an emergency, one of the first challenges many families face is locating important documents.

Insurance claims, financial recovery, medical care, school enrollment, temporary housing, and replacing identification often require documentation. Having organized records can significantly reduce stress and help speed recovery.

This section helps you identify, organize, and regularly review your household's essential records.

Security Reminder: This planner contains sensitive information. Store it in a secure location and consider keeping encrypted digital backups. Avoid writing passwords directly in this planner.

Document Storage Locations

Identify where important records are stored.

Storage Method	Location
Fireproof Safe	
Waterproof Safe	
Safe Deposit Box	
Digital Backup	
Cloud Storage	
Trusted Family Member	

Identification Documents

Verify that current copies are available.

Document	Original	Copy	Digital Copy
Driver's License	☐	☐	☐
State ID	☐	☐	☐
Passport	☐	☐	☐
Birth Certificate	☐	☐	☐
Social Security Card	☐	☐	☐
Marriage Certificate	☐	☐	☐
Military Records (if applicable)	☐	☐	☐
Naturalization Documents	☐	☐	☐

Household Records

Document	Original	Copy	Digital Copy
Property Deed	☐	☐	☐
Mortgage Documents	☐	☐	☐
Lease Agreement	☐	☐	☐
Vehicle Titles	☐	☐	☐
Vehicle Registration	☐	☐	☐
Home Inventory	☐	☐	☐
Home Photos	☐	☐	☐
Appraisal Records	☐	☐	☐

Insurance Documents

Policy	Policy Number	Stored?
Homeowners / Renters		☐
Flood Insurance		☐
Auto Insurance		☐
Health Insurance		☐
Life Insurance		☐
Umbrella Policy		☐
Disability Insurance		☐
Long-Term Care Insurance		☐

Financial Records

Verify copies of:

- ☐ Bank Account Information
- ☐ Credit Card Contact Numbers
- ☐ Investment Accounts
- ☐ Retirement Accounts
- ☐ Emergency Savings Information
- ☐ Tax Returns (Last Three Years)
- ☐ Loan Information
- ☐ Mortgage Information
- ☐ Vehicle Loan Information
- ☐ Monthly Bills
- ☐ Payroll Information

☐ Pension Information

☐ Other

Medical Records

Maintain copies of:

☐ Medical Insurance Cards

☐ Prescription Lists

☐ Immunization Records

☐ Physician Contact List

☐ Medical Equipment Information

☐ Living Will

☐ Advance Healthcare Directive

☐ Healthcare Power of Attorney

☐ Organ Donor Information

☐ Allergy Information

☐ Blood Type Information

Pet Records

☐ Vaccination Records

☐ Microchip Information

☐ Veterinary Records

☐ Adoption Papers

☐ Registration Information

☐ Pet Insurance

☐ Recent Photographs

☐ Medication Records

Digital Assets

List important digital accounts and where access information is securely stored.

Account	Username / Email	Password Stored In
Email		
Banking		
Insurance		
Cloud Storage		
Mobile Phone Account		
Utility Accounts		
Other		

Emergency Contacts for Financial & Legal Matters

Attorney

Phone

Accountant

Phone

Financial Advisor

Phone

Executor or Trustee (if applicable)

Phone

Home Inventory Documentation

Have you completed the following?

- ☐ Photographed every room
- ☐ Photographed valuables
- ☐ Recorded serial numbers
- ☐ Recorded appliance model numbers
- ☐ Saved receipts for major purchases
- ☐ Documented firearms (if applicable)
- ☐ Backed up inventory digitally

Inventory Location

Emergency Cash

Emergency cash can be useful if electronic payment systems are unavailable.

Amount Stored

\$ _____

Storage Location

Small Bills Included?

☐ Yes

☐ No

Coins Available?

☐ Yes

☐ No

Recovery Information

Record key information needed after a disaster.

Insurance Claim Number

Disaster Assistance Case Number

Temporary Housing Information

Contractor Information

Recovery Notes

Document Review Checklist

Review annually.

Item	Complete
Identification Current	☐
Insurance Policies Updated	☐
Financial Records Reviewed	☐
Home Inventory Updated	☐
Digital Backups Verified	☐
Medical Records Updated	☐
Pet Records Updated	☐
Emergency Cash Reviewed	☐

Document Revision Log

Date	Documents Updated	Reviewed By

Notes

Ready For Anything™ Planner Tip

Keep original documents in a fire-resistant and water-resistant safe whenever possible, and maintain encrypted digital backups in a secure cloud service or external drive stored separately from your home. Review your records annually and after major life events such as marriage, the birth of a child, purchasing a home, or changing insurance policies.

"Supplies help you survive an emergency. Organized records help you recover from one."

End of Part I – Build Your Foundation

You have now completed the foundation of your household preparedness plan.

In **Part II – Emergency Supplies & Household Inventories**, you'll begin building and tracking the resources your family needs to remain safe and self-sufficient during emergencies, including:

- Water Storage
- Food Storage
- Emergency Cooking
- Pantry Inventory
- First Aid Supplies
- Hygiene & Sanitation
- Power & Lighting
- Fuel Storage
- Home Emergency Kit
- Go Bags
- Vehicle Emergency Kits
- Inventory Tracking & Maintenance

This next section transforms your preparedness plan into practical, measurable readiness by helping you build, organize, and maintain the supplies your household depends on.

PART II

EMERGENCY SUPPLIES & HOUSEHOLD INVENTORIES

SECTION 15

HOUSEHOLD WATER STORAGE & EMERGENCY WATER PLAN

Water Is Your Most Important Emergency Supply

A person can survive weeks without food—but only a few days without water.

After many disasters, clean drinking water may become unavailable due to damaged infrastructure, contamination, frozen pipes, power outages, or supply disruptions. Having an adequate water supply is one of the most important steps you can take to protect your family.

Emergency management agencies commonly recommend storing **at least one gallon of water per person per day** for drinking and basic sanitation. While this is a good minimum, many households choose to store additional water for cooking, hygiene, pets, and extended emergencies.

This section will help you calculate your household's needs, track stored water, and maintain a safe emergency water supply.

Household Water Requirements

Number of Household Members

Adults

Children

Infants

Pets

Total Household Members

Minimum Water Requirements

Time Period	Gallons Needed
3 Days	
7 Days	
14 Days	
30 Days	

Personal Water Requirement Calculator

Household Member	Drinking	Hygiene	Total Per Day

Water Storage Inventory

Container	Capacity	Quantity	Total Gallons
Bottled Water Cases			
One-Gallon Jugs			

Container	Capacity	Quantity	Total Gallons
Five-Gallon Containers	_____	_____	_____
Water Barrels	_____	_____	_____
Water Bricks	_____	_____	_____
Portable Water Bladders	_____	_____	_____
Other	_____	_____	_____

Total Water Stored

_____ Gallons

Storage Locations

Location	Quantity Stored
Pantry	_____
Basement	_____
Garage	_____
Utility Room	_____
Shed	_____
Vehicle	_____
Other	_____

Drinking Water Rotation Log

Properly stored commercial bottled water typically has a long shelf life, but rotating supplies on a regular schedule helps ensure freshness and keeps your inventory current.

Date Purchased	Quantity	Replace By	Completed
_____	_____	_____	☐

Date Purchased	Quantity	Replace By	Completed
			☐
			☐
			☐
			☐

Water Sources Near Your Home

Identify possible emergency water sources.

- ☐ Municipal Water
- ☐ Private Well
- ☐ Rainwater Collection
- ☐ Swimming Pool (Non-drinking)
- ☐ Hot Water Heater
- ☐ Nearby Lake
- ☐ River
- ☐ Pond
- ☐ Community Water Distribution Site
- ☐ Other

Water Purification Equipment

Check the purification methods available to your household.

- ☐ Water Filter Pitcher
- ☐ Gravity Water Filter
- ☐ Portable Backpacking Filter

- ☐ Pump Filter
 - ☐ Hollow Fiber Filter
 - ☐ Chemical Purification Tablets
 - ☐ Household Bleach (Unscented)
 - ☐ UV Purifier
 - ☐ Boiling Equipment
 - ☐ Distillation Equipment
 - ☐ Other
-
-

Water Treatment Supplies

Item	Quantity	Stored Location
Water Purification Tablets	_____	_____
Unscented Household Bleach	_____	_____
Measuring Dropper	_____	_____
Clean Storage Containers	_____	_____
Replacement Filter Cartridges	_____	_____
Food-Grade Water Hose	_____	_____

Rainwater Collection

Do you collect rainwater?

- ☐ Yes
- ☐ No

If Yes:

Storage Capacity

_____ Gallons

Collection System Inspected

☐ Yes

☐ No

Last Cleaned

Water Barrel Maintenance

Barrel Number	Filled Date	Sanitized	Next Rotation
_____	_____	☐	_____
_____	_____	☐	_____
_____	_____	☐	_____
_____	_____	☐	_____

Emergency Water Distribution Plan

If water becomes limited, how will it be prioritized?

Drinking

Food Preparation

Infant Care

Pets

Medical Needs

Hygiene

Water Conservation Ideas

During an emergency we will:

- ☐ Use disposable plates when appropriate
 - ☐ Take sponge baths
 - ☐ Collect rainwater for cleaning
 - ☐ Reuse gray water where appropriate
 - ☐ Limit unnecessary washing
 - ☐ Monitor daily water usage
 - ☐ Prioritize drinking water first
-

Water Supply Improvement Plan

List projects to increase your household's water resilience.

Project	Target Date	Completed
Purchase additional bottled water		☐
Add water barrels		☐
Purchase gravity water filter		☐
Store additional purification tablets		☐
Install rain collection system		☐
Other		☐

Annual Water Supply Review

Task	Complete
Water Inventory Updated	☐
Bottled Water Rotated	☐
Barrels Sanitized	☐
Filters Inspected	☐
Purification Supplies Replaced	☐
Household Needs Recalculated	☐

Review Date

Reviewed By

Next Review

Ready For Anything™ Planner Tip

Don't try to build a month's worth of water storage all at once. Add one case of bottled water or one food-grade container during each grocery trip. Small, consistent purchases are easier on the budget and quickly build a dependable emergency supply.

"When every other emergency supply becomes difficult to find, water becomes priceless. Store it before you need it."

Next Section: Emergency Food Storage & Pantry Inventory

SECTION 16

EMERGENCY FOOD STORAGE & PANTRY INVENTORY

Build a Pantry That Supports Your Family During Emergencies

A well-stocked pantry provides more than meals—it provides stability.

Whether you're facing a winter storm, extended power outage, job loss, supply chain disruption, or natural disaster, having food already available at home reduces stress and gives your family time to make thoughtful decisions instead of rushing to crowded stores.

The goal isn't to buy years' worth of food overnight. Start with foods your family already enjoys eating and gradually build a rotating supply. By using and replacing stored food as part of your normal grocery routine, your emergency pantry stays fresh and ready.

This section will help you calculate your food needs, organize your pantry, monitor expiration dates, and identify areas for improvement.

Household Food Requirements

Number of People

Adults

Children

Infants

Special Diets

Food Storage Goals

Duration	Goal	Complete
72 Hours	☐	☐
1 Week	☐	☐
2 Weeks	☐	☐
30 Days	☐	☐
60 Days	☐	☐
90 Days	☐	☐

Dietary Considerations

Check all that apply.

- ☐ Infant Formula
- ☐ Baby Food
- ☐ Gluten-Free
- ☐ Dairy-Free
- ☐ Low Sodium
- ☐ Diabetic
- ☐ Vegetarian
- ☐ Vegan
- ☐ Food Allergies
- ☐ Medical Nutrition Needs
- ☐ Texture-Modified Diet
- ☐ Religious Dietary Requirements

Other

Pantry Inventory

Grains & Starches

Item	Quantity	Best By Date
Rice	_____	_____
Pasta	_____	_____
Oats	_____	_____
Flour	_____	_____
Pancake Mix	_____	_____
Crackers	_____	_____
Instant Potatoes	_____	_____
Other	_____	_____

Protein

Item	Quantity	Best By Date
Canned Chicken	_____	_____
Canned Tuna	_____	_____
Canned Salmon	_____	_____
Peanut Butter	_____	_____
Beans	_____	_____
Lentils	_____	_____
Chili	_____	_____
Beef Stew	_____	_____
Other	_____	_____

Fruits

Item	Quantity	Best By Date
Canned Peaches	_____	_____
Applesauce	_____	_____
Mixed Fruit	_____	_____
Dried Fruit	_____	_____
Fruit Cups	_____	_____
Other	_____	_____

Vegetables

Item	Quantity	Best By Date
Corn	_____	_____
Green Beans	_____	_____
Peas	_____	_____
Carrots	_____	_____
Tomatoes	_____	_____
Mixed Vegetables	_____	_____
Other	_____	_____

Dairy Alternatives & Shelf-Stable Dairy

Item	Quantity	Best By Date
Powdered Milk	_____	_____
Shelf-Stable Milk	_____	_____

Item	Quantity	Best By Date
Evaporated Milk	_____	_____
Cheese Powder	_____	_____
Other	_____	_____

Ready-to-Eat Meals

Item	Quantity	Best By Date
Soup	_____	_____
Ravioli	_____	_____
Pasta Meals	_____	_____
Freeze-Dried Meals	_____	_____
Meal Kits	_____	_____
Other	_____	_____

Snacks & Comfort Foods

Item	Quantity	Best By Date
Granola Bars	_____	_____
Crackers	_____	_____
Trail Mix	_____	_____
Nuts	_____	_____
Popcorn	_____	_____
Chocolate	_____	_____
Coffee	_____	_____

Item	Quantity	Best By Date
Tea	_____	_____
Other	_____	_____

Cooking Essentials

Check items currently stocked.

- ☐ Salt
- ☐ Pepper
- ☐ Sugar
- ☐ Honey
- ☐ Cooking Oil
- ☐ Vinegar
- ☐ Baking Powder
- ☐ Baking Soda
- ☐ Yeast
- ☐ Bouillon
- ☐ Herbs & Spices
- ☐ Condiments
- ☐ Other

Refrigerator & Freezer Backup Plan

If power is lost:

- ☐ Use refrigerated food first
- ☐ Keep doors closed as much as possible

☐ Monitor temperature with appliance thermometer

☐ Prepare coolers and ice

☐ Use generator if available

☐ Share or preserve excess food if appropriate

Notes

Food Rotation Log

Date	Items Rotated	Completed By

Monthly Pantry Inspection

Inspection Item	Complete
Expired food removed	☐
Inventory updated	☐
Cans inspected for damage	☐
Rodent/insect check completed	☐
Food organized by expiration date	☐
Shopping list updated	☐

Foods Your Family Enjoys

List foods that should always be included in your emergency pantry.

Pantry Improvement Plan

Item Needed	Quantity	Target Date	Complete
			☐
			☐
			☐
			☐
			☐

Emergency Meal Planning

Record simple meals that require minimal preparation.

Meal 1

Ingredients

Cooking Method

Meal 2

Ingredients

Cooking Method

Meal 3

Ingredients

Cooking Method

Annual Pantry Review

Task	Complete
Inventory Updated	☐
Expired Food Replaced	☐
Rotation Completed	☐
Food Goals Reviewed	☐
Dietary Needs Updated	☐
Emergency Meals Reviewed	☐

Review Date

Reviewed By

Next Review

Ready For Anything™ Planner Tip

A good emergency pantry isn't filled with unfamiliar survival food—it's stocked with the foods your family already enjoys eating. Practice the **"first in, first out" (FIFO)** method: place newly purchased items behind older ones so the oldest food is used first. This keeps

your inventory fresh, minimizes waste, and makes preparedness part of your normal grocery routine.

"The best emergency food is the food your family will actually eat. Build your pantry gradually, rotate it regularly, and let everyday meals keep your preparedness supplies fresh."

Next Section: Emergency Cooking, Kitchen Equipment & Fuel Storage

SECTION 17

EMERGENCY COOKING, KITCHEN EQUIPMENT & FUEL STORAGE

Plan to Cook Without Electricity

Many emergencies disrupt the utilities we rely on every day. A prolonged power outage can make electric stoves, microwaves, and even some gas appliances unusable.

Planning ahead allows your family to prepare safe, nutritious meals regardless of the circumstances. The goal is to have multiple cooking options, appropriate fuel supplies, and the equipment needed to prepare food safely.

Safety First: Never operate charcoal grills, camp stoves, propane appliances, or generators inside your home, garage, tent, or enclosed space. These devices can produce deadly carbon monoxide.

Emergency Cooking Methods

Check the cooking methods available to your household.

- ☐ Outdoor Gas Grill
- ☐ Charcoal Grill
- ☐ Portable Propane Camp Stove
- ☐ Butane Stove
- ☐ Rocket Stove
- ☐ Wood Stove
- ☐ Pellet Stove (Cooking Capable)
- ☐ Fire Pit
- ☐ Solar Oven
- ☐ Dutch Oven
- ☐ Fireplace Cooking

- ☐ Alcohol Stove
- ☐ Portable Electric Cooktop (Battery Compatible)
- ☐ RV Kitchen
- ☐ Other

Primary Emergency Cooking Plan

Primary Cooking Method

Backup Cooking Method

Third Backup

Cooking Equipment Inventory

Equipment	Quantity	Storage Location
Camp Stove		
Propane Grill		
Charcoal Grill		
Dutch Oven		
Cast Iron Skillet		
Stock Pot		
Kettle		
Manual Can Opener		
Portable Table		

Equipment	Quantity	Storage Location
Cooking Utensils		
Other		

Fuel Inventory

Propane

Container Size	Quantity	Estimated Full?
1 lb Cylinders		☐
20 lb Cylinders		☐
30 lb Cylinders		☐
40 lb Cylinders		☐
100 lb Cylinders		☐

Butane

Canisters Stored

Storage Location

Charcoal

Bags Stored

Storage Location

Firewood

Estimated Amount

☐ Less than ¼ Cord

☐ ¼ Cord

☐ ½ Cord

☐ 1 Cord

☐ More than 1 Cord

Storage Location

Fuel Rotation Log

Fuel Type	Purchased	Replace / Inspect	Completed
Propane			☐
Butane			☐
Gasoline (if applicable)			☐
Firewood			☐
Charcoal			☐

Kitchen Tools for Emergencies

Check items available.

☐ Manual Can Opener

☐ Bottle Opener

☐ Measuring Cups

☐ Measuring Spoons

☐ Mixing Bowls

- ☐ Sharp Kitchen Knives
 - ☐ Cutting Boards
 - ☐ Food Thermometer
 - ☐ Kitchen Timer
 - ☐ Oven Mitts
 - ☐ Dish Towels
 - ☐ Aluminum Foil
 - ☐ Plastic Wrap
 - ☐ Food Storage Containers
 - ☐ Heavy-Duty Trash Bags
 - ☐ Disposable Plates
 - ☐ Disposable Cups
 - ☐ Disposable Utensils
 - ☐ Paper Towels
 - ☐ Waterproof Matches
 - ☐ Long-Handled Lighter
 - ☐ Fire Extinguisher
 - ☐ Other
-
-

Food Preparation Without Power

Plan how your household will:

Boil Water

Heat Canned Foods

Prepare Freeze-Dried Meals

Cook Rice or Pasta

Prepare Infant Formula

Wash Dishes

Cold Food Storage Plan

If refrigeration is unavailable:

- ☐ Keep refrigerator closed
- ☐ Keep freezer closed
- ☐ Use appliance thermometers
- ☐ Transfer food to coolers
- ☐ Use ice or frozen water bottles
- ☐ Prioritize highly perishable foods
- ☐ Cook thawing foods first
- ☐ Discard unsafe food when in doubt

Notes

Outdoor Cooking Area

Primary Cooking Location

Covered Cooking Area Available?

☐ Yes

☐ No

Cooking Surface Stable?

☐ Yes

☐ No

Distance from Structures

Fire Extinguisher Nearby?

☐ Yes

☐ No

Water Needed for Cooking

Estimate daily cooking water.

Use	Gallons Per Day
Drinking	
Cooking	
Dishwashing	
Food Preparation	
Total	

Favorite Emergency Meals

Record meals your family enjoys that can be prepared with limited equipment.

Meal	Cooking Method	Ingredients
		-
		-
		-
		-
		-
		-

Cooking Equipment Maintenance

Equipment	Last Inspection	Next Inspection
Camp Stove		
Grill		
Fire Extinguisher		
Fuel Supply		
Dutch Oven		
Kitchen Kit		

Emergency Cooking Improvement Plan

Goal	Target Date	Completed
Purchase camp stove		☐
Increase propane supply		☐

Goal	Target Date	Completed
Buy manual can opener	_____	☐
Assemble cooking kit	_____	☐
Practice outdoor cooking	_____	☐
Other	_____	☐

Annual Review

Task	Complete
Cooking equipment inspected	☐
Fuel supplies checked	☐
Fuel rotated as needed	☐
Kitchen kit updated	☐
Emergency meals reviewed	☐
Outdoor cooking area inspected	☐

Review Date

Reviewed By

Next Review

Ready For Anything™ Planner Tip

Create a dedicated **Emergency Kitchen Kit** by storing your camp stove, manual can opener, lighter, cookware, utensils, fuel, and a small selection of shelf-stable meals

together in one labeled container. When the power goes out, everything you need will be in one place instead of scattered throughout the house.

"A stocked pantry is only half the solution. The ability to safely prepare those meals, even without electricity, turns food storage into true emergency readiness."

Next Section: Food Preservation, Long-Term Storage & Rotation System

SECTION 18

FOOD PRESERVATION, LONG-TERM STORAGE & ROTATION SYSTEM

Preserve Food, Reduce Waste, Increase Readiness

Building an emergency food supply is only part of preparedness. Proper storage, preservation, and rotation ensure that your investment remains safe, nutritious, and ready when your family needs it.

The best emergency pantry is one that is actively used. By rotating food into your everyday meals and replacing it during regular grocery trips, you minimize waste while maintaining a fresh and reliable supply.

This section will help you organize long-term food storage, track expiration dates, preserve seasonal foods, and develop a simple rotation system that keeps your pantry emergency-ready year-round.

Long-Term Food Storage Goals

Current Goal

- ☐ 30 Days
- ☐ 60 Days
- ☐ 90 Days
- ☐ 6 Months
- ☐ 1 Year
- ☐ Longer

Target Completion Date

Storage Locations

Record where food is stored throughout your home.

Location	Approximate Capacity	Climate Controlled?
Pantry		☐ Yes ☐ No
Basement		☐ Yes ☐ No
Garage		☐ Yes ☐ No
Utility Room		☐ Yes ☐ No
Root Cellar		☐ Yes ☐ No
Storage Room		☐ Yes ☐ No
Other		☐ Yes ☐ No

Long-Term Food Inventory

Grains

Item	Quantity	Packaging	Best By Date
White Rice			
Oats			
Pasta			
Wheat			
Flour			
Cornmeal			
Other			

Beans & Legumes

Item	Quantity	Packaging	Best By Date
Pinto Beans			

Item	Quantity	Packaging	Best By Date
Black Beans	_____	_____	_____
Lentils	_____	_____	_____
Split Peas	_____	_____	_____
Chickpeas	_____	_____	_____
Other	_____	_____	_____

Freeze-Dried & Dehydrated Foods

Item	Quantity	Expiration
Fruits	_____	_____
Vegetables	_____	_____
Meat	_____	_____
Complete Meals	_____	_____
Dairy Products	_____	_____
Other	_____	_____

Home Food Preservation Methods

Check methods your household uses.

- ☐ Water Bath Canning
- ☐ Pressure Canning
- ☐ Vacuum Sealing
- ☐ Food Dehydration
- ☐ Freeze Drying

☐ Freezing

☐ Fermentation

☐ Pickling

☐ Root Cellaring

☐ Smoking

☐ Other

Preservation Equipment

Equipment	Quantity	Last Used
Pressure Canner	_____	_____
Water Bath Canner	_____	_____
Vacuum Sealer	_____	_____
Food Dehydrator	_____	_____
Freeze Dryer	_____	_____
Mason Jars	_____	_____
Oxygen Absorbers	_____	_____
Mylar Bags	_____	_____
Bucket Storage	_____	_____

Food Rotation System

Choose your preferred rotation method.

☐ First In, First Out (FIFO)

☐ Expiration Date Rotation

- ☐ Color-Coded Labels
- ☐ Monthly Inspection
- ☐ Barcode / Inventory App
- ☐ Spreadsheet Tracking
- ☐ Manual Notebook

Monthly Rotation Checklist

Task	Complete
Oldest food moved forward	☐
Expiring food identified	☐
Pantry reorganized	☐
Damaged containers removed	☐
Shopping list updated	☐
Inventory totals verified	☐

Bulk Food Storage

Record staple foods stored in bulk.

Food	Quantity	Packaging Date	Rotation Date
Rice	_____	_____	_____
Beans	_____	_____	_____
Flour	_____	_____	_____
Sugar	_____	_____	_____
Salt	_____	_____	_____
Oats	_____	_____	_____

Food	Quantity	Packaging Date	Rotation Date
Pasta			
Other			

Seasonal Harvest & Garden Preservation

Track homegrown food preserved each year.

Item	Quantity Preserved	Method	Date

Pantry Inspection Log

Date	Issues Found	Corrective Action

Food Storage Conditions

Monitor the environment where food is stored.

Ideal Conditions:

☐ Cool

- ☐ Dry
- ☐ Dark
- ☐ Pest-Free
- ☐ Well Ventilated

Current Concerns:

- ☐ Excess Heat
- ☐ Humidity
- ☐ Rodents
- ☐ Insects
- ☐ Water Leaks
- ☐ Mold
- ☐ Temperature Swings

Notes

Long-Term Pantry Improvement Plan

Goal	Target Date	Completed
Increase 90-day food supply	_____	☐
Purchase Mylar bags	_____	☐
Buy oxygen absorbers	_____	☐
Organize storage shelves	_____	☐
Learn pressure canning	_____	☐
Expand food preservation skills	_____	☐
Other	_____	☐

Annual Long-Term Food Review

Task	Complete
Bulk food inspected	☐
Rotation completed	☐
Preservation equipment serviced	☐
Pantry cleaned	☐
Inventory updated	☐
Storage conditions evaluated	☐

Review Date

Reviewed By

Next Review

Ready For Anything™ Planner Tip

Store food in **cool, dry, and dark conditions** whenever possible. Heat, moisture, oxygen, and pests are the biggest enemies of long-term food storage. Label every container with the contents, packaging date, and expected rotation date. A simple label today can prevent waste years from now.

"Preparedness isn't measured by how much food you own—it's measured by how well you manage it. A well-organized pantry today becomes tomorrow's peace of mind."

Next Section: First Aid, Medical Supplies & Trauma Kit Inventory

SECTION 19

FIRST AID, MEDICAL SUPPLIES & TRAUMA KIT INVENTORY

Be Prepared to Care for Injuries Until Help Arrives

Medical emergencies don't always happen close to a hospital, and during disasters, professional medical assistance may be delayed.

Having well-stocked first aid supplies—and knowing where they are—can help your household respond to everything from minor cuts and burns to more serious injuries while waiting for emergency responders.

This section helps you inventory your medical supplies, organize trauma equipment, monitor expiration dates, and maintain readiness.

Important: Emergency supplies do not replace professional medical care. Seek qualified medical assistance whenever possible.

Medical Kit Locations

Record where medical supplies are stored.

Kit	Location
Main Household First Aid Kit	
Kitchen First Aid Kit	
Vehicle Kit #1	
Vehicle Kit #2	
Workshop / Garage Kit	
Go Bag Medical Kit	
Workplace Kit	
Other	

Household Medical Kit Inventory

Bandages & Wound Care

Item	Quantity	Restock Level
Adhesive Bandages	_____	_____
Sterile Gauze Pads	_____	_____
Rolled Gauze	_____	_____
Medical Tape	_____	_____
Elastic Bandages	_____	_____
Butterfly Closures	_____	_____
Trauma Dressings	_____	_____
Sterile Eye Pads	_____	_____
Burn Dressings	_____	_____

Cleaning & Antiseptics

Item	Quantity	Expiration
Antiseptic Wipes	_____	_____
Alcohol Prep Pads	_____	_____
Antibacterial Ointment	_____	_____
Saline Solution	_____	_____
Hydrogen Peroxide*	_____	_____
Hand Sanitizer	_____	_____

*Follow current medical guidance for appropriate wound care.

Medical Supplies

- ☐ Disposable Gloves
 - ☐ N95 Respirators
 - ☐ Surgical Masks
 - ☐ CPR Face Shield
 - ☐ Instant Cold Packs
 - ☐ Hot Packs
 - ☐ Tweezers
 - ☐ Trauma Shears
 - ☐ Digital Thermometer
 - ☐ Irrigation Syringe
 - ☐ Cotton Swabs
 - ☐ Cotton Balls
 - ☐ Finger Splints
 - ☐ Triangular Bandages
 - ☐ Safety Pins
 - ☐ Emergency Blanket
 - ☐ Penlight
 - ☐ Medical Notebook
 - ☐ Waterproof Marker
 - ☐ Other
-
-

Over-the-Counter Medications

Medication	Quantity	Expiration
Pain Reliever	_____	_____
Fever Reducer	_____	_____
Allergy Medication	_____	_____
Anti-Diarrheal	_____	_____
Antacid	_____	_____
Oral Rehydration Solution	_____	_____
Cough Suppressant	_____	_____
Cold Medicine	_____	_____
Motion Sickness Medication	_____	_____
Other	_____	_____

Prescription Medication Backup

Do you maintain an emergency reserve where permitted by your healthcare provider and applicable laws?

☐ Yes

☐ No

Emergency Supply Location

Review Date

Trauma Kit Inventory

For households that maintain an advanced trauma kit.

Item	Quantity	Expiration
Tourniquet	_____	_____
Pressure Bandage	_____	_____
Hemostatic Dressing	_____	_____
Chest Seal	_____	_____
Trauma Shears	_____	_____
Compressed Gauze	_____	_____
Emergency Blanket	_____	_____
Marker	_____	_____
Gloves	_____	_____

Specialized Medical Equipment

Check equipment your household maintains.

- ☐ Blood Pressure Monitor
- ☐ Pulse Oximeter
- ☐ Blood Glucose Meter
- ☐ Nebulizer
- ☐ Oxygen Equipment
- ☐ Mobility Equipment
- ☐ Hearing Aid Supplies
- ☐ Vision Care Supplies
- ☐ Medical Cooling Packs
- ☐ Other

Medical Reference Materials

- ☐ Basic First Aid Guide
 - ☐ CPR Reference
 - ☐ Poison Information
 - ☐ Emergency Medication List
 - ☐ Allergy Action Plan
 - ☐ Pediatric Care Guide
 - ☐ Pet First Aid Guide
 - ☐ Other
-
-

Monthly Medical Kit Inspection

Inspection Item	Complete
Supplies counted	☐
Expired items removed	☐
Medications reviewed	☐
Gloves replaced if needed	☐
Batteries checked	☐
Trauma kit inspected	☐
Prescription list updated	☐

Medical Supply Restocking List

Item Needed	Quantity	Priority
		High / Medium / Low
		High / Medium / Low
		High / Medium / Low
		High / Medium / Low
		High / Medium / Low

Emergency Medical Information

Primary Care Physician

Preferred Hospital

24-Hour Pharmacy

Medical Insurance Contact

Poison Information Contact

Training Status

Which members of your household are trained in the following?

Skill	Name(s)	Certification Current?
First Aid		☐
CPR		☐

Skill	Name(s)	Certification Current?
AED		☐
Stop the Bleed®		☐
Wilderness First Aid		☐

Medical Incident Log

Use this page to document significant medical events or supplies used during emergencies.

Date	Incident	Supplies Used	Replaced
			☐
			☐
			☐
			☐

Annual Medical Preparedness Review

Task	Complete
First aid kit inventoried	☐
Trauma kit inspected	☐
Medications reviewed	☐
Expired items replaced	☐
Medical equipment tested	☐
Emergency contacts verified	☐
Training reviewed	☐

Review Date

Reviewed By

Next Review

Ready For Anything™ Planner Tip

Don't rely on a single first aid kit. Keep appropriately stocked kits where they're most likely to be needed—at home, in each vehicle, at work, and in every emergency go bag. Check them monthly, replace expired items promptly, and replenish supplies after every use. A kit that isn't maintained may not be ready when you need it most.

"Medical preparedness is more than owning supplies—it's knowing where they are, how to use them, and keeping them ready before an emergency happens."

Next Section: Personal Hygiene, Sanitation & Disease Prevention Supplies

SECTION 20

PERSONAL HYGIENE, SANITATION & DISEASE PREVENTION SUPPLIES

Staying Healthy Is Just as Important as Staying Fed

Following many disasters, one of the biggest threats isn't the emergency itself—it's the spread of illness caused by poor sanitation, contaminated water, inadequate hygiene, or crowded living conditions.

Maintaining good personal hygiene and proper sanitation can help prevent infections, reduce disease transmission, and improve morale during stressful situations.

This section helps you inventory hygiene supplies, plan for limited water use, and prepare for situations where normal plumbing or sanitation services may be unavailable.

Household Hygiene Requirements

Number of Household Members

Adults

Children

Infants

Older Adults

Pets

Personal Hygiene Supplies

Daily Hygiene

Item	Quantity	Restock Level
Toothbrushes	_____	_____
Toothpaste	_____	_____
Dental Floss	_____	_____
Mouthwash	_____	_____
Soap Bars	_____	_____
Liquid Soap	_____	_____
Shampoo	_____	_____
Conditioner	_____	_____
Deodorant	_____	_____
Lip Balm	_____	_____

Hand Hygiene

Item	Quantity	Expiration
Hand Sanitizer	_____	_____
Disinfecting Wipes	_____	_____
Hand Soap Refills	_____	_____
Disposable Gloves	_____	_____

Bathing Supplies

- ☐ Washcloths
- ☐ Towels
- ☐ Baby Wipes

- ☐ No-Rinse Body Wash
- ☐ No-Rinse Shampoo
- ☐ Basin for Sponge Baths
- ☐ Portable Shower
- ☐ Solar Shower Bag
- ☐ Other

Feminine Hygiene Supplies

Item	Quantity	Restock Level
Sanitary Pads	_____	_____
Tampons	_____	_____
Menstrual Cups	_____	_____
Panty Liners	_____	_____
Other	_____	_____

Infant Care Supplies

If applicable.

Item	Quantity
Diapers	_____
Baby Wipes	_____
Diaper Cream	_____
Formula	_____
Baby Soap	_____

Item	Quantity
Bottles	_____
Bottle Cleaning Supplies	_____

Senior Care Supplies

If applicable.

- ☐ Adult Briefs
- ☐ Disposable Bed Pads
- ☐ Skin Care Products
- ☐ Cleansing Wipes
- ☐ Mobility Hygiene Supplies
- ☐ Other

Toilet Paper & Paper Products

Item	Quantity	Restock Level
Toilet Paper Rolls	_____	_____
Facial Tissue	_____	_____
Paper Towels	_____	_____
Disposable Plates	_____	_____
Disposable Cups	_____	_____
Disposable Utensils	_____	_____

Cleaning Supplies

Item	Quantity	Expiration
Household Cleaner	_____	_____
Bleach	_____	_____
Disinfectant Spray	_____	_____
Dish Soap	_____	_____
Laundry Detergent	_____	_____
Scrub Brushes	_____	_____
Sponges	_____	_____
Buckets	_____	_____

Waste Management Supplies

Check available items.

- ☐ Heavy-Duty Trash Bags
- ☐ Contractor Bags
- ☐ Zip-Top Bags
- ☐ Five-Gallon Buckets
- ☐ Bucket Toilet Seat
- ☐ Portable Toilet
- ☐ Toilet Chemicals
- ☐ Cat Litter (for odor control)
- ☐ Absorbent Material
- ☐ Disposable Gloves
- ☐ Biohazard Bags
- ☐ Other

Emergency Toilet Plan

Primary Plan

Backup Plan

Waste Disposal Method

Supplies Stored At

Laundry During Emergencies

How will clothing be cleaned?

- ☐ Hand Washing
- ☐ Portable Washer
- ☐ Laundromat
- ☐ Wash Only Essential Clothing
- ☐ Air Dry Clothes

Notes

Disease Prevention Supplies

Check available supplies.

- ☐ N95 Respirators
- ☐ Surgical Masks

- ☐ Face Shields
 - ☐ Disposable Gloves
 - ☐ Digital Thermometer
 - ☐ Pulse Oximeter
 - ☐ Surface Disinfectant
 - ☐ Hand Sanitizer
 - ☐ Soap
 - ☐ Isolation Supplies
 - ☐ Air Purifier
 - ☐ Other
-
-

Household Illness Plan

If someone becomes ill during an emergency:

Isolation Area

Primary Caregiver

Medical Provider

Cleaning Procedures

Monthly Hygiene Inventory

Inspection Item	Complete
Hygiene supplies counted	☐
Expired products removed	☐
Toilet paper restocked	☐
Cleaning supplies reviewed	☐
Waste supplies replenished	☐
Emergency toilet supplies checked	☐

Restocking List

Item Needed	Quantity	Priority
		High / Medium / Low
		High / Medium / Low
		High / Medium / Low
		High / Medium / Low
		High / Medium / Low

Hygiene Improvement Goals

Goal	Target Date	Completed
Build 30-day hygiene supply		☐
Assemble sanitation kit		☐
Purchase portable toilet		☐
Increase disinfectant supply		☐
Create handwashing station		☐

Goal	Target Date	Completed
Other		☐

Annual Hygiene & Sanitation Review

Task	Complete
Hygiene inventory updated	☐
Cleaning supplies replaced	☐
Emergency toilet plan reviewed	☐
Disease prevention supplies checked	☐
Restocking completed	☐
Family hygiene plan reviewed	☐

Review Date

Reviewed By

Next Review

Ready For Anything™ Planner Tip

Create a dedicated **Sanitation Kit** that includes toilet paper, hand sanitizer, soap, disinfecting wipes, heavy-duty trash bags, disposable gloves, a five-gallon bucket with a toilet seat, absorbent material, and basic cleaning supplies. Keeping these items together ensures they're immediately available if your plumbing or water service is disrupted.

"Clean water, clean hands, and proper sanitation have saved more lives throughout history than almost any medical treatment. Good hygiene is one of the simplest—and most powerful—preparedness tools you can have."

Next Section: Emergency Lighting, Power, Batteries & Backup Energy Systems

SECTION 21

EMERGENCY LIGHTING, POWER, BATTERIES & BACKUP ENERGY SYSTEMS

When the Lights Go Out, Your Plan Should Turn On

Power outages are among the most common emergencies households experience. Whether caused by severe weather, equipment failure, wildfires, ice storms, or other disasters, losing electricity affects nearly every aspect of daily life—from lighting and communications to refrigeration, heating, cooling, and medical equipment.

Preparing for power outages means more than owning a flashlight. It means having layered backup systems that allow your household to safely maintain essential functions for hours, days, or even weeks.

This section will help you inventory your emergency lighting, portable power, batteries, charging systems, and backup energy resources.

Household Power Outage Goals

Current Preparedness Goal

- ☐ 24 Hours
- ☐ 72 Hours
- ☐ 1 Week
- ☐ 2 Weeks
- ☐ 30 Days

Target Completion Date

Emergency Lighting Inventory

Lighting Device	Quantity	Storage Location
LED Flashlights	_____	_____

Lighting Device	Quantity	Storage Location
Headlamps	_____	_____
Battery Lanterns	_____	_____
Rechargeable Lanterns	_____	_____
Emergency Light Sticks	_____	_____
Solar Lanterns	_____	_____
Crank Lanterns	_____	_____
Night Lights with Battery Backup	_____	_____

Flashlight Locations

Every household member should know where flashlights are located.

Location	Available
Primary Bedroom	☐
Children's Bedrooms	☐
Kitchen	☐
Living Room	☐
Garage	☐
Basement	☐
Vehicle	☐
Emergency Go Bag	☐

Battery Inventory

Battery Type	Quantity	Replace / Recharge Date
AA	_____	_____
AAA	_____	_____
C	_____	_____
D	_____	_____
9-Volt	_____	_____
CR123	_____	_____
Coin Cell Batteries	_____	_____
Rechargeable Batteries	_____	_____

Battery Chargers

Check available charging methods.

☐ Standard Battery Charger

☐ Smart Charger

☐ USB Charger

☐ Solar Battery Charger

☐ Vehicle Charger

☐ Power Bank Charger

☐ Other

Portable Power Stations

Manufacturer	Capacity	Last Tested
_____	_____ Wh	_____

Manufacturer	Capacity	Last Tested
	Wh	
	Wh	

Power Banks

Device	Capacity	Last Charged
	mAh	
	mAh	
	mAh	
	mAh	

Solar Charging Equipment

Check all that apply.

- ☐ Portable Solar Panels
- ☐ Folding Solar Panels
- ☐ Roof-Mounted Solar
- ☐ Solar Generator
- ☐ Solar Battery Bank
- ☐ USB Solar Charger
- ☐ Solar Lanterns
- ☐ Other

Generator Inventory

Portable Generator

Manufacturer

Model

Rated Output

_____ Watts

Fuel Type

☐ Gasoline

☐ Propane

☐ Diesel

☐ Dual Fuel

☐ Natural Gas

Last Maintenance

Last Test Run

Standby Generator

Installed?

☐ Yes

☐ No

Automatic Transfer Switch

☐ Yes

☐ No

Last Service

Next Service Due

Critical Devices Requiring Electricity

Identify equipment that must remain powered.

Device	Priority	Backup Available?
Refrigerator	High	☐
Freezer	High	☐
Medical Equipment	High	☐
Internet Modem	Medium	☐
Phone Chargers	High	☐
Lighting	High	☐
Heating Equipment	High	☐
Cooling Equipment	Medium	☐
Other		☐

Charging Plan

How will you recharge essential devices?

- ☐ Vehicle
- ☐ Portable Power Station
- ☐ Generator
- ☐ Solar Panels
- ☐ Battery Bank
- ☐ Community Charging Station

☐ Friend or Family Member

☐ Other

Fuel & Runtime Planning

Equipment	Fuel Required	Estimated Runtime
Generator		Hours
Camp Lantern		Hours
Portable Heater		Hours
Portable Stove		Hours
Other		Hours

Power Outage Readiness Checklist

Task	Complete
Flashlights tested	☐
Batteries stocked	☐
Power banks charged	☐
Generator tested	☐
Fuel supply checked	☐
Solar equipment tested	☐
Extension cords inspected	☐
Surge protectors inspected	☐
Emergency lighting placed throughout home	☐

Maintenance Log

Date	Equipment Serviced	Next Service

Power Outage Lessons Learned

After an outage, record what worked well and what could be improved.

What worked well?

What needs improvement?

Equipment to purchase or upgrade

Power System Improvement Plan

Goal	Target Date	Completed
Purchase additional flashlights		☐
Increase battery inventory		☐
Buy portable power station		☐
Add solar charging capability		☐

Goal	Target Date	Completed
Upgrade generator capacity	_____	☐
Install whole-home surge protection	_____	☐
Other	_____	☐

Annual Power System Review

Task	Complete
Lighting inventory updated	☐
Batteries replaced or recharged	☐
Generator serviced	☐
Portable power tested	☐
Solar equipment inspected	☐
Charging plan reviewed	☐
Household outage drill completed	☐

Review Date

Reviewed By

Next Review

Ready For Anything™ Planner Tip

Adopt a **layered power strategy** instead of relying on a single backup system. Keep a flashlight in every bedroom, maintain rechargeable lanterns for common areas, use power banks for phones and small electronics, a portable power station for essential devices, and

a properly maintained generator for higher-power needs. If one system fails, another is ready to take its place.

"Electricity powers modern life—but preparation powers resilience. Multiple backup options ensure your family isn't left in the dark when the grid goes down."

Next Section: Emergency Communications Equipment & Information Management

SECTION 22

EMERGENCY COMMUNICATIONS EQUIPMENT & INFORMATION MANAGEMENT

Communication Saves Lives

During an emergency, reliable information is one of your most valuable resources.

Cell phone networks can become overloaded, internet service may be interrupted, and power outages can limit access to news and emergency alerts. A well-prepared household plans for multiple ways to receive information and communicate with family members before, during, and after an emergency.

The goal is not to rely on a single device—it is to create a layered communication system with built-in backups.

Household Communication Plan

Primary Communication Method

Backup Communication Method

Out-of-State Contact

Emergency Meeting Location

Emergency Contact Card

Create a wallet-sized emergency contact card for every household member.

Information	Details
Full Name	

Information	Details
Home Address	
Emergency Contact	
Phone Number	
Out-of-State Contact	
Medical Information	
Allergies	

Communication Equipment Inventory

Equipment	Quantity	Storage Location
Cell Phones		
Power Banks		
Vehicle Chargers		
Wall Chargers		
USB Charging Cables		
Two-Way Radios		
NOAA Weather Radio		
Satellite Communicator		
Satellite Phone		
Amateur Radio		

Cell Phone Readiness

Every household member should have:

- ☐ Emergency contacts saved
- ☐ ICE (In Case of Emergency) contact programmed
- ☐ Medical information available on lock screen
- ☐ Emergency alerts enabled
- ☐ Charging cable available
- ☐ Vehicle charger available
- ☐ Backup battery available
- ☐ Waterproof storage bag

Emergency Alert Systems

Enroll in available notification systems.

Alert System	Registered
Wireless Emergency Alerts (WEA)	☐
NOAA Weather Alerts	☐
County Emergency Alerts	☐
State Emergency Alerts	☐
Utility Outage Alerts	☐
School Notifications	☐
Local Public Safety Alerts	☐

Registration Date

NOAA Weather Radio

Manufacturer

Model

Power Source

☐ Batteries

☐ Rechargeable

☐ Solar

☐ Hand Crank

☐ AC Power

Battery Replacement Date

Last Test

Two-Way Radios (FRS/GMRS)

Radio	Assigned To	Channel
Radio #1		
Radio #2		
Radio #3		
Radio #4		

Backup Channel

Privacy Code (if used)

Amateur (HAM) Radio Information

Licensed Operator

Call Sign

License Class

Primary Radio Location

Backup Radio Location

Emergency Frequencies

Satellite Communications

If applicable.

☐ Satellite Messenger

☐ Satellite Phone

☐ Emergency Beacon (PLB)

☐ EPIRB (Marine)

Device Information

Emergency Contacts Linked

☐ Yes

☐ No

Family Communication Procedures

If local calls fail:

- ☐ Send text messages instead of calling
- ☐ Contact out-of-state emergency contact
- ☐ Go to designated meeting location
- ☐ Listen to emergency broadcasts
- ☐ Use two-way radios
- ☐ Use amateur radio (if licensed)
- ☐ Monitor official emergency updates

Important Information Sources

Record trusted sources of emergency information.

Source	Website / Frequency / Phone
Local Emergency Management	_____
National Weather Service	_____
Local Television	_____
Local Radio Station	_____
Utility Company	_____
Sheriff's Office	_____
Fire Department	_____
School District	_____

Household Device Inventory

Device	Owner	Backup Charging Available?
Cell Phone		☐
Tablet		☐
Laptop		☐
Smartwatch		☐
Medical Device		☐
Other		☐

Communication Practice Log

Practice your communication plan regularly.

Date	Exercise	Lessons Learned

Communication Improvement Plan

Goal	Target Date	Completed
Purchase NOAA Weather Radio		☐
Add backup power banks		☐
Purchase two-way radios		☐
Update emergency contact cards		☐
Enable emergency alerts		☐

Goal	Target Date	Completed
Learn amateur radio	_____	☐
Other	_____	☐

Annual Communications Review

Task	Complete
Emergency contacts updated	☐
Radios tested	☐
Weather radio tested	☐
Batteries replaced	☐
Alert systems verified	☐
Communication drill completed	☐
Contact cards updated	☐

Review Date

Reviewed By

Next Review

Ready For Anything™ Planner Tip

Use the **Rule of Three** for emergency communications: **three ways to receive information, three ways to send information, and three ways to power your communication devices.** For most households, this could include a cell phone, a battery-powered NOAA Weather Radio, and two-way radios, all supported by multiple charging options.

"Communication is more than staying connected—it's staying informed, coordinating with loved ones, and making better decisions when every minute counts."

Next Section: Emergency Go Bags, Bug-Out Bags & Personal Evacuation Kits

SECTION 23

EMERGENCY GO BAGS, BUG-OUT BAGS & PERSONAL EVACUATION KITS

Be Ready to Leave at a Moment's Notice

Some emergencies require you to leave your home immediately.

Wildfires, floods, hazardous material incidents, structure fires, hurricanes, and evacuation orders may leave little time to gather belongings. A properly prepared Go Bag allows each household member to leave quickly while taking essential supplies needed for the first 72 hours.

A Go Bag is not intended to help you survive indefinitely—it is designed to support you until you reach a safe location or additional assistance becomes available.

This section helps you organize, inventory, maintain, and regularly inspect every evacuation kit in your household.

Household Go Bag Summary

Household Member	Go Bag Completed	Last Inspected

Go Bag Storage Location

Primary Storage Location

Alternate Storage Location

Accessible Within Five Minutes?

☐ Yes

☐ No

Near Primary Exit?

☐ Yes

☐ No

Standard Go Bag Checklist

Water

☐ Bottled Water

☐ Collapsible Water Bottle

☐ Water Filter

☐ Water Purification Tablets

Food

☐ Energy Bars

☐ Trail Mix

☐ Shelf-Stable Meals

☐ Electrolyte Drink Mix

☐ Manual Can Opener

☐ Utensils

Clothing

☐ Change of Clothes

☐ Extra Socks

☐ Hat

☐ Gloves

☐ Rain Jacket

☐ Seasonal Clothing

☐ Sturdy Footwear

Shelter

☐ Emergency Blanket

☐ Lightweight Sleeping Bag

☐ Tarp

☐ Poncho

☐ Small Tent (if appropriate)

Lighting

☐ Flashlight

☐ Headlamp

☐ Spare Batteries

☐ Glow Sticks

Communication

☐ Cell Phone Charger

☐ Power Bank

☐ Charging Cable

- ☐ Two-Way Radio
 - ☐ Emergency Contact Card
 - ☐ Whistle
-

Medical

- ☐ Personal Medications
 - ☐ First Aid Kit
 - ☐ Prescription Copies
 - ☐ Glasses
 - ☐ Contact Lens Supplies
 - ☐ Medical Information Card
-

Hygiene

- ☐ Toothbrush
 - ☐ Toothpaste
 - ☐ Soap
 - ☐ Hand Sanitizer
 - ☐ Baby Wipes
 - ☐ Toilet Paper
 - ☐ Feminine Hygiene Supplies
 - ☐ Small Towel
-

Tools

- ☐ Multi-Tool
- ☐ Duct Tape

- ☐ Work Gloves
 - ☐ Paracord
 - ☐ Waterproof Matches
 - ☐ Lighter
 - ☐ Utility Knife
-

Documents

- ☐ Identification Copies
 - ☐ Insurance Information
 - ☐ Emergency Contacts
 - ☐ Medical Records
 - ☐ Cash
 - ☐ Maps
 - ☐ Notebook
 - ☐ Pen
-

Personal Go Bag Inventory

Bag Owner

Bag Color

Bag Weight

_____ Pounds

Stored At

Contents Inventory

Item	Quantity	Expiration / Inspection
Water	_____	_____
Food	_____	_____
Medications	_____	_____
Batteries	_____	_____
Hygiene Supplies	_____	_____
First Aid Items	_____	_____
Other	_____	_____

Family-Specific Items

Each household may require additional supplies.

- ☐ Infant Supplies
- ☐ Formula
- ☐ Diapers
- ☐ Favorite Toy
- ☐ Children's Comfort Item
- ☐ Pet Food
- ☐ Pet Leash
- ☐ Pet Medications
- ☐ Hearing Aid Batteries
- ☐ Mobility Equipment
- ☐ Oxygen Supplies
- ☐ Religious Items

- ☐ Spare Keys
 - ☐ Spare Eyeglasses
 - ☐ Other
-
-

Electronics

- ☐ Power Bank
 - ☐ Charging Cable
 - ☐ USB Wall Charger
 - ☐ Vehicle Charger
 - ☐ Flash Drive with Important Documents
 - ☐ Spare Batteries
 - ☐ Headphones
-

Seasonal Adjustments

Summer

- ☐ Sunscreen
 - ☐ Insect Repellent
 - ☐ Cooling Towel
 - ☐ Extra Water
 - ☐ Sunglasses
 - ☐ Lip Balm
-

Winter

- ☐ Insulated Gloves

- ☐ Winter Hat
 - ☐ Thermal Clothing
 - ☐ Hand Warmers
 - ☐ Heavy Socks
 - ☐ Emergency Blanket
-

Evacuation Transportation

Primary Vehicle

Alternate Vehicle

Walking Plan

☐ Yes

☐ No

Estimated Walking Distance to Safe Area

Destination Planning

Primary Destination

Phone

Secondary Destination

Phone

Hotel Information

Phone

Go Bag Maintenance Log

Date	Supplies Updated	Completed By

Quarterly Inspection Checklist

Task	Complete
Food replaced	☐
Water replaced	☐
Batteries tested	☐
Medications updated	☐
Clothing resized (children)	☐
Documents updated	☐
Electronics charged	☐
Seasonal items adjusted	☐

Go Bag Improvement Plan

Goal	Target Date	Completed
Complete all family Go Bags	_____	☐
Add seasonal clothing	_____	☐
Increase water capacity	_____	☐
Purchase better backpack	_____	☐
Add duplicate medications	_____	☐
Improve document organization	_____	☐
Other	_____	☐

Evacuation Practice Notes

Record observations after evacuation drills or actual evacuations.

What worked well?

What needs improvement?

Items that should be added or removed

Annual Go Bag Review

Task	Complete
Every Go Bag inspected	☐
Food replaced	☐
Water replaced	☐
Clothing updated	☐
Medications replaced	☐
Documents updated	☐
Electronics tested	☐
Family drill completed	☐
Review Date	
Reviewed By	
Next Review	

Ready For Anything™ Planner Tip

Keep your Go Bags in a consistent, easy-to-access location near your primary exit—but not in the trunk of your vehicle or buried in a closet. Every member of your household should know exactly where the bags are and be able to retrieve them in less than one minute. Review the contents at least four times a year, replacing expired food, water, medications, and adjusting clothing as children grow or seasons change.

"You may only have minutes to leave. A well-prepared Go Bag turns a rushed evacuation into a confident departure."

Next Section: Vehicle Emergency Kits & Travel Preparedness

SECTION 24

VEHICLE EMERGENCY KITS & TRAVEL PREPAREDNESS

Your Vehicle May Become Your Lifeline

Emergencies don't always happen when you're at home.

Many people spend hours each week commuting, traveling for work, running errands, or taking family trips. A roadside emergency, severe weather event, evacuation, or unexpected overnight delay can quickly turn an ordinary trip into a challenging situation.

Every vehicle should contain an emergency kit designed to help occupants remain safe until assistance arrives or travel can safely continue.

This section helps you inventory emergency supplies for every vehicle your household owns and establish maintenance schedules to keep those kits ready year-round.

Household Vehicle Inventory

Vehicle	Year	Make & Model	Primary Driver
Vehicle #1	_____	_____	_____
Vehicle #2	_____	_____	_____
Vehicle #3	_____	_____	_____
Vehicle #4	_____	_____	_____

Emergency Kit Locations

Vehicle	Emergency Kit Present	Last Inspected
Vehicle #1	☐	_____
Vehicle #2	☐	_____
Vehicle #3	☐	_____

Vehicle	Emergency Kit Present	Last Inspected
Vehicle #4	☐	

Standard Vehicle Emergency Kit Checklist

Safety Equipment

- ☐ Reflective Warning Triangles
 - ☐ Road Flares (or LED Road Flares)
 - ☐ High-Visibility Safety Vest
 - ☐ Flashlight
 - ☐ Headlamp
 - ☐ Spare Batteries
 - ☐ Emergency Whistle
 - ☐ Fire Extinguisher
 - ☐ Glass Breaker / Seat Belt Cutter
-

Vehicle Recovery

- ☐ Jumper Cables
- ☐ Jump Starter Battery Pack
- ☐ Tire Pressure Gauge
- ☐ Portable Air Compressor
- ☐ Tire Repair Kit
- ☐ Lug Wrench
- ☐ Jack
- ☐ Tow Strap
- ☐ Traction Mats

☐ Folding Shovel

☐ Ice Scraper

☐ Snow Brush

☐ Work Gloves

First Aid

☐ Vehicle First Aid Kit

☐ Personal Medications

☐ Emergency Blanket

☐ Cold Pack

☐ CPR Face Shield

☐ Disposable Gloves

Food & Water

☐ Bottled Water

☐ Energy Bars

☐ Trail Mix

☐ Electrolyte Packets

☐ Manual Can Opener (if applicable)

Communications

☐ Cell Phone Charger

☐ Vehicle USB Charger

☐ Power Bank

☐ Paper Road Maps

- ☐ Emergency Contact Card
 - ☐ Two-Way Radio (if applicable)
-

Clothing

- ☐ Rain Jacket
 - ☐ Extra Socks
 - ☐ Hat
 - ☐ Gloves
 - ☐ Blanket
 - ☐ Warm Clothing
 - ☐ Sturdy Shoes
-

Winter Vehicle Kit

Check seasonal supplies.

- ☐ Snow Shovel
- ☐ Ice Melt
- ☐ Sand or Cat Litter
- ☐ Tire Chains (where appropriate)
- ☐ Hand Warmers
- ☐ Wool Blanket
- ☐ Winter Boots
- ☐ Heavy Coat
- ☐ Extra Gloves
- ☐ Winter Hat
- ☐ Sleeping Bag

Summer Vehicle Kit

- ☐ Extra Drinking Water
- ☐ Cooling Towels
- ☐ Sunscreen
- ☐ Insect Repellent
- ☐ Wide-Brim Hat
- ☐ Sunglasses
- ☐ Electrolyte Drinks
- ☐ Battery Fan
- ☐ Shade Tarp

Vehicle Maintenance Records

Vehicle #1

Last Oil Change

Next Oil Change

Battery Installed

Battery Tested

Tire Rotation

Next Scheduled Service

Emergency Fuel Planning

Minimum Fuel Level Goal

- ☐ Half Tank
- ☐ Three-Quarter Tank
- ☐ Full Tank

Preferred Fuel Station

Emergency Fuel Card Location

Important Vehicle Documents

Stored in Vehicle?

- ☐ Registration
 - ☐ Insurance Card
 - ☐ Roadside Assistance Information
 - ☐ Owner's Manual
 - ☐ Spare Key
 - ☐ Emergency Contacts
 - ☐ Accident Report Form
-

Roadside Assistance Information

Provider

Membership Number

Emergency Phone

Expiration Date

Family Travel Planning

When taking long trips, we will:

- ☐ Check weather forecast
 - ☐ Check road conditions
 - ☐ Inform someone of travel plans
 - ☐ Carry extra food and water
 - ☐ Fully charge electronic devices
 - ☐ Fill fuel tank before departure
 - ☐ Pack medications
 - ☐ Carry paper maps
 - ☐ Inspect tires
 - ☐ Check fluids
-

Evacuation Readiness

Can each vehicle safely transport:

Item	Vehicle #1	Vehicle #2
Entire Household	☐	☐
Pets	☐	☐
Go Bags	☐	☐
Medical Equipment	☐	☐

Item	Vehicle #1	Vehicle #2
Food & Water	☐	☐
Important Documents	☐	☐

Vehicle Kit Inspection Log

Date	Vehicle	Items Replaced

Vehicle Improvement Plan

Goal	Target Date	Completed
Build emergency kit for every vehicle		☐
Purchase jump starter		☐
Add roadside flares		☐
Upgrade first aid kit		☐
Purchase portable air compressor		☐
Add winter emergency supplies		☐
Other		☐

Emergency Travel Notes

Record lessons learned from road trips, roadside emergencies, or evacuations.

into a manageable inconvenience."

Next Section: Home Emergency Kits, Shelter-in-Place Supplies & Household Readiness

SECTION 25

HOME EMERGENCY KITS, SHELTER-IN-PLACE SUPPLIES & HOUSEHOLD READINESS

Prepare to Stay Safe at Home

While some emergencies require evacuation, many are best managed by remaining safely at home.

Severe winter storms, hurricanes, wildfires (when evacuation is not ordered), power outages, public health emergencies, hazardous material incidents, and civil emergencies may require your household to shelter in place for several days.

A well-prepared home emergency kit allows your family to remain safe, comfortable, and self-sufficient while normal services are disrupted.

This section helps you organize, inventory, and maintain your household emergency supplies in one central location.

Home Emergency Kit Overview

Primary Storage Location

Secondary Storage Location

Accessible Within Five Minutes?

☐ Yes

☐ No

Known by All Household Members?

☐ Yes

☐ No

Emergency Supply Goals

Current Household Goal

☐ 72 Hours

☐ 1 Week

☐ 2 Weeks

☐ 30 Days

☐ 60 Days

☐ 90 Days

Target Completion Date

Core Emergency Supplies Checklist

Water

☐ Drinking Water

☐ Water Containers

☐ Water Filter

☐ Water Purification Tablets

☐ Water Treatment Supplies

Food

☐ Shelf-Stable Food

☐ Emergency Meals

☐ Manual Can Opener

☐ Cooking Equipment

☐ Fuel Supply

☐ Disposable Plates

☐ Disposable Utensils

Medical

☐ Household First Aid Kit

☐ Trauma Kit

☐ Prescription Medications

☐ Over-the-Counter Medications

☐ Medical Equipment

☐ Spare Eyeglasses

Lighting

☐ Flashlights

☐ Lanterns

☐ Headlamps

☐ Spare Batteries

☐ Glow Sticks

Power

☐ Power Banks

☐ Generator

☐ Portable Power Station

☐ Solar Charger

☐ Extension Cords

Communication

- ☐ NOAA Weather Radio
 - ☐ Two-Way Radios
 - ☐ Charging Cables
 - ☐ Emergency Contact List
 - ☐ Printed Maps
-

Shelter & Comfort

- ☐ Blankets
 - ☐ Sleeping Bags
 - ☐ Pillows
 - ☐ Extra Clothing
 - ☐ Rain Gear
 - ☐ Emergency Blankets
-

Hygiene

- ☐ Toilet Paper
 - ☐ Soap
 - ☐ Hand Sanitizer
 - ☐ Baby Wipes
 - ☐ Trash Bags
 - ☐ Cleaning Supplies
 - ☐ Portable Toilet Supplies
-

Home Emergency Kit Inventory

Category	Complete	Last Updated
Water	☐	_____
Food	☐	_____
Medical	☐	_____
Lighting	☐	_____
Power	☐	_____
Communications	☐	_____
Hygiene	☐	_____
Tools	☐	_____
Clothing	☐	_____
Pet Supplies	☐	_____

Household Tools

Check tools stored with your emergency supplies.

- ☐ Multi-Tool
- ☐ Adjustable Wrench
- ☐ Screwdriver Set
- ☐ Hammer
- ☐ Utility Knife
- ☐ Duct Tape
- ☐ Zip Ties
- ☐ Rope / Paracord
- ☐ Work Gloves
- ☐ Plastic Sheeting

- ☐ Pry Bar
 - ☐ Fire Extinguisher
 - ☐ Shovel
 - ☐ Axe or Hatchet
 - ☐ Crowbar
 - ☐ Other
-
-

Household Comfort Items

During extended emergencies, comfort can be just as important as survival.

- ☐ Books
 - ☐ Playing Cards
 - ☐ Board Games
 - ☐ Puzzle Books
 - ☐ Coloring Books
 - ☐ Children's Toys
 - ☐ Stuffed Animals
 - ☐ Music
 - ☐ Journal
 - ☐ Writing Supplies
 - ☐ Family Photos
 - ☐ Religious Materials
 - ☐ Other
-
-

Special Household Needs

Ensure supplies are available for everyone.

- ☐ Infant Supplies
 - ☐ Baby Formula
 - ☐ Senior Care Supplies
 - ☐ Pet Supplies
 - ☐ Prescription Medications
 - ☐ Mobility Equipment
 - ☐ Hearing Aid Batteries
 - ☐ Oxygen Supplies
 - ☐ Dietary Needs
 - ☐ Extra Eyeglasses
 - ☐ Other
-
-

Shelter-in-Place Procedures

If instructed to remain at home, our household will:

- ☐ Bring everyone indoors
- ☐ Secure pets
- ☐ Lock doors and windows
- ☐ Monitor official emergency information
- ☐ Conserve water
- ☐ Conserve power
- ☐ Ration supplies if necessary
- ☐ Avoid unnecessary travel

- ☐ Contact family members
- ☐ Prepare emergency sleeping arrangements

Notes

Supply Organization

Where are the following items stored?

Item	Location
Water	
Food	
First Aid Kit	
Flashlights	
Batteries	
Generator	
Fuel	
Fire Extinguisher	
Weather Radio	
Go Bags	

Household Readiness Assessment

Rate your preparedness.

Category	Needs Work	Good	Excellent
Water			
Food			

Category	Needs Work	Good	Excellent
Medical	☐	☐	☐
Shelter	☐	☐	☐
Power	☐	☐	☐
Communication	☐	☐	☐
Hygiene	☐	☐	☐
Family Planning	☐	☐	☐

Supply Replacement Schedule

Supply	Replace / Inspect
Bottled Water	
Batteries	
Food	
Medications	
Fuel	
Hygiene Supplies	
First Aid Supplies	

Household Improvement Projects

Project	Target Date	Completed
Expand emergency supply storage		☐
Purchase additional shelving		☐
Label storage containers		☐

Project	Target Date	Completed
Build a dedicated preparedness closet	_____	☐
Increase 30-day supplies	_____	☐
Improve organization system	_____	☐
Other	_____	☐

Emergency Supply Maintenance Log

Date	Supplies Updated	Completed By
_____	_____ _____	_____
_____	_____ _____	_____
_____	_____ _____	_____
_____	_____ _____	_____

Annual Household Readiness Review

Task	Complete
Emergency kit inventoried	☐
Food rotated	☐
Water replaced as needed	☐
Batteries tested	☐
Medical supplies updated	☐

Task	Complete
Household drill completed	☐
Family reviewed emergency procedures	☐
Review Date	
Reviewed By	
Next Review	

Ready For Anything™ Planner Tip

Store your primary emergency supplies in **sturdy, clearly labeled bins or shelving** in a cool, dry location that's easy to access. Keep similar items together—water with water supplies, medical items in one container, lighting and batteries in another, and food organized by category. A well-organized emergency kit is easier to maintain and allows you to find what you need quickly under stress.

"Preparedness isn't about owning more supplies—it's about knowing exactly what you have, where it is, and being able to use it when it matters most."

Next Section: Household Inventory, Valuable Property Records & Insurance Documentation

SECTION 26

HOUSEHOLD INVENTORY, VALUABLE PROPERTY RECORDS & INSURANCE DOCUMENTATION

Documentation Is Essential for Recovery

Recovering from a disaster often depends on having accurate records of your property and possessions.

Whether you're filing an insurance claim after a fire, replacing items after a burglary, or documenting losses from a flood or tornado, a complete household inventory can significantly simplify the recovery process.

Many people underestimate the value of their belongings until they're gone. A room-by-room inventory, supported by photographs, receipts, and serial numbers, provides valuable documentation that can save time, reduce stress, and improve the claims process.

This section helps you organize your household inventory and maintain records for insurance and recovery purposes.

Household Inventory Summary

Date Inventory Started

Last Updated

Primary Inventory Format

- ☐ Printed Binder
- ☐ Spreadsheet
- ☐ Inventory App
- ☐ Digital Photos
- ☐ Video Walkthrough
- ☐ Combination

Insurance Information

Homeowners / Renters Insurance Company

Policy Number

Agent

Phone

Policy Renewal Date

Additional Policies

Policy Type	Company	Policy Number
Flood Insurance		
Earthquake Insurance		
Valuable Property Rider		
Umbrella Policy		

Household Inventory Checklist

Complete an inventory for every area of your home.

Area	Inventory Completed	Photos Taken	Video Recorded
Living Room	☐	☐	☐
Kitchen	☐	☐	☐

Electronics Inventory

Device	Purchase Date	Serial Number	Receipt Available
Television			☐
Computer			☐
Laptop			☐
Tablet			☐
Camera			☐
Game Console			☐
Other			☐

Appliances

Appliance	Model	Serial Number	Purchase Date
Refrigerator			
Freezer			
Stove			
Washer			
Dryer			
Water Heater			
HVAC System			

Firearms Inventory (Optional)

Store this information securely and separately if preferred.

Firearm	Make	Model	Serial Number

Jewelry & Collectibles

Item	Description	Estimated Value	Photo Available
-	-	\$	☐
-	-	\$	☐
-	-	\$	☐
-	-	\$	☐

Tools & Outdoor Equipment

Item	Serial Number	Estimated Value
Lawn Mower		\$
Snow Blower		\$
Generator		\$
Chainsaw		\$
Air Compressor		\$
Pressure Washer		\$

Item	Serial Number	Estimated Value
Other	_____	\$ _____

Vehicle Inventory

Vehicle	VIN	Estimated Value
_____	_____	\$ _____
_____	_____	\$ _____
_____	_____	\$ _____

Photographic Documentation

Have you completed the following?

- ☐ Exterior photographs
- ☐ Every room photographed
- ☐ Closets photographed
- ☐ Cabinets photographed
- ☐ Garage photographed
- ☐ Basement photographed
- ☐ Attic photographed
- ☐ Valuable items photographed
- ☐ Serial number photographs
- ☐ Video walkthrough completed

Storage Location

Receipts & Warranty Information

Storage Method

☐ Binder

☐ Digital Folder

☐ Cloud Storage

☐ Filing Cabinet

☐ Other

Insurance Claim Information

After a loss, record important information.

Claim Number

Date Filed

Adjuster Name

Phone

Email

Claim Notes

Property Improvements

Record major improvements that may affect insurance coverage.

Improvement	Date	Cost
		\$
		\$
		\$
		\$
		\$

Annual Inventory Review

Task	Complete
New purchases added	☐
Photos updated	☐
Video walkthrough updated	☐
Insurance coverage reviewed	☐
Receipts organized	☐
High-value items verified	☐
Digital backup confirmed	☐

Review Date

Reviewed By

Next Review

Ready For Anything™ Planner Tip

Walk through your home once a year with your smartphone and record a slow video of every room. Open drawers, closets, cabinets, and storage areas while describing major items aloud. Store the video securely with your digital backups. This simple annual task can provide invaluable documentation if you ever need to file an insurance claim.

"Your possessions represent years of hard work. A complete inventory helps ensure that if disaster strikes, recovery is based on facts—not memories."

Next Section: Preparedness Budget, Purchasing Plan & Annual Readiness Goals

SECTION 27

PREPAREDNESS BUDGET, PURCHASING PLAN & ANNUAL READINESS GOALS

Preparedness Is Built One Step at a Time

One of the biggest misconceptions about emergency preparedness is that it requires spending thousands of dollars all at once.

In reality, the most successful preparedness plans are built gradually. Purchasing one or two items during each shopping trip, replacing supplies as they are used, and budgeting for larger purchases over time makes preparedness affordable for nearly every household.

A written preparedness budget also helps prioritize purchases, avoid duplicate items, and ensure your resources are invested where they provide the greatest benefit.

This section will help you create a practical preparedness budget and long-term purchasing plan that fits your household's financial goals.

Current Preparedness Assessment

How would you rate your household's overall preparedness?

- ☐ Just Getting Started
- ☐ Basic 72-Hour Preparedness
- ☐ One-Week Preparedness
- ☐ Two-Week Preparedness
- ☐ One-Month Preparedness
- ☐ Advanced Preparedness

Estimated Completion Percentage

_____ %

Annual Preparedness Budget

Category	Annual Budget	Actual Spending
Water Storage	\$_____	\$_____
Food Storage	\$_____	\$_____
Medical Supplies	\$_____	\$_____
First Aid Training	\$_____	\$_____
Emergency Communications	\$_____	\$_____
Lighting & Batteries	\$_____	\$_____
Power Backup	\$_____	\$_____
Tools	\$_____	\$_____
Home Safety	\$_____	\$_____
Vehicle Preparedness	\$_____	\$_____
Pet Preparedness	\$_____	\$_____
Training & Education	\$_____	\$_____
Other	\$_____	\$_____
Total Annual Budget: \$_____		

Monthly Preparedness Budget

Monthly Preparedness Goal

\$_____

Preferred Shopping Week

☐ Week 1

☐ Week 2

☐ Week 3

☐ Week 4

Average Monthly Spending

\$ _____

Monthly Purchasing Plan

Month	Planned Purchases	Estimated Cost
January	_____ _____	\$ _____
February	_____ _____	\$ _____
March	_____ _____	\$ _____
April	_____ _____	\$ _____
May	_____ _____	\$ _____
June	_____ _____	\$ _____
July	_____ _____	\$ _____
August	_____ _____	\$ _____
September	_____ _____	\$ _____
October	_____ _____	\$ _____
November	_____ _____	\$ _____
December	_____ _____	\$ _____

Priority Purchases

Immediate Priorities (Next 30 Days)

1.
2.
3.
4.

Estimated Cost

\$

Short-Term Goals (Next 6 Months)

Item	Priority	Estimated Cost
	High / Med / Low	\$
	High / Med / Low	\$
	High / Med / Low	\$
	High / Med / Low	\$

Long-Term Goals (6–24 Months)

Goal	Target Date	Estimated Cost
		\$
		\$
		\$
		\$

Emergency Savings

Emergency Savings Goal

\$ _____

Current Emergency Savings

\$ _____

Monthly Contribution

\$ _____

Financial Institution

Major Equipment Planning

Large purchases often require advance planning.

Equipment	Estimated Cost	Target Purchase Date
Generator	\$ _____	_____
Portable Power Station	\$ _____	_____
Water Storage System	\$ _____	_____
Freeze Dryer	\$ _____	_____
Solar Charging System	\$ _____	_____
Medical Equipment	\$ _____	_____
Other	\$ _____	_____

Preparedness Shopping Checklist

Purchase one or more items during each shopping trip.

☐ Bottled Water

- ☐ Canned Food
 - ☐ Rice
 - ☐ Pasta
 - ☐ Peanut Butter
 - ☐ Batteries
 - ☐ Flashlight
 - ☐ First Aid Supplies
 - ☐ Hygiene Supplies
 - ☐ Pet Food
 - ☐ Baby Supplies
 - ☐ Medication Refills
 - ☐ Fuel Can
 - ☐ Emergency Blanket
 - ☐ Other
-
-

Money-Saving Strategies

Check the methods you plan to use.

- ☐ Buy one extra item each grocery trip
- ☐ Watch seasonal sales
- ☐ Buy in bulk
- ☐ Rotate supplies before expiration
- ☐ Use coupons
- ☐ Compare warehouse club pricing
- ☐ Purchase quality items once instead of replacing cheaper equipment

- ☐ Build supplies gradually
- ☐ Track inventory to avoid duplicate purchases
- ☐ Set aside a monthly preparedness budget

Preparedness Expense Log

Date	Item Purchased	Cost
		\$
		\$
		\$
		\$
		\$
		\$

Annual Preparedness Goals

Goal 1

Target Completion

Completed

☐ Yes ☐ No

Goal 2

Target Completion

Completed

☐ Yes ☐ No

Goal 3

Target Completion

Completed

☐ Yes ☐ No

Goal 4

Target Completion

Completed

☐ Yes ☐ No

Year-End Preparedness Review

Question	Yes	No
Did we stay within our preparedness budget?	☐	☐
Did we complete our priority purchases?	☐	☐
Did we improve our emergency supplies?	☐	☐
Did we rotate food and water?	☐	☐
Did we update our emergency plans?	☐	☐

Question	Yes	No
Did we complete at least one emergency drill?	☐	☐
Are we better prepared than last year?	☐	☐

Notes & Future Ideas

Ready For Anything™ Planner Tip

Preparedness is a marathon, not a sprint. Focus on building sustainable habits instead of trying to buy everything at once. A modest monthly budget—combined with consistent planning, regular maintenance, and smart purchasing—can transform an average household into one that is well prepared for a wide range of emergencies over time.

"The best preparedness plan isn't the most expensive one—it's the one you consistently follow. Every small investment today reduces uncertainty tomorrow."

Next Section: Preparedness Training, Skills Development & Household Exercise Program

SECTION 28

PREPAREDNESS TRAINING, SKILLS DEVELOPMENT & HOUSEHOLD EXERCISE PROGRAM

Equipment Is Only as Valuable as the Skills to Use It

Owning emergency supplies is an important part of preparedness, but supplies alone are not enough.

In an emergency, knowledge, training, and practiced skills often make the greatest difference. A well-stocked first aid kit provides little value if no one knows how to treat an injury. Likewise, owning a generator, fire extinguisher, or emergency radio is far more useful when every member of the household understands how to operate it safely.

Preparedness is a lifelong learning process. By scheduling regular training and household exercises, your family can build confidence, reduce panic, and respond more effectively during emergencies.

This section helps you develop a practical training plan, track completed courses, and schedule regular preparedness drills.

Household Skills Assessment

Rate your household's current level of preparedness.

Skill Area	Beginner	Intermediate	Advanced
First Aid	☐	☐	☐
CPR / AED	☐	☐	☐
Fire Safety	☐	☐	☐
Emergency Communications	☐	☐	☐
Disaster Planning	☐	☐	☐
Food Storage	☐	☐	☐
Water Purification	☐	☐	☐

Skill Area	Beginner	Intermediate	Advanced
Generator Operation	☐	☐	☐
Utility Shutoffs	☐	☐	☐
Navigation (Maps & Compass)	☐	☐	☐

Household Training Goals

Primary Preparedness Goal

Secondary Goal

Target Completion Date

Training Record

Course	Household Member	Completion Date	Renewal Due
First Aid	—		
CPR	—		
AED	—		
Fire Extinguisher Training	—		
Stop the Bleed®	—		

Course	Household Member	Completion Date	Renewal Due
Amateur Radio	_____	_____	_____
	—		
CERT Training	_____	_____	_____
	—		
Other	_____	_____	_____
	—		

Essential Household Skills Checklist

Medical Skills

- ☐ Perform CPR
- ☐ Use an AED
- ☐ Control severe bleeding
- ☐ Treat burns
- ☐ Splint a fracture
- ☐ Recognize shock
- ☐ Treat dehydration
- ☐ Manage common injuries

Home Safety Skills

- ☐ Shut off electricity
- ☐ Shut off natural gas
- ☐ Shut off water supply
- ☐ Use a fire extinguisher
- ☐ Detect gas leaks
- ☐ Safely operate a generator

☐ Operate smoke alarms

Communication Skills

- ☐ Operate NOAA Weather Radio
 - ☐ Program two-way radios
 - ☐ Send emergency text messages
 - ☐ Read emergency alerts
 - ☐ Contact out-of-state emergency contact
-

Survival Skills

- ☐ Purify water
 - ☐ Build an emergency fire (where appropriate)
 - ☐ Cook without household utilities
 - ☐ Read paper maps
 - ☐ Use a compass
 - ☐ Build temporary shelter
 - ☐ Practice emergency sanitation
-

Household Equipment Familiarity

Can every responsible household member safely operate the following?

Equipment	Yes	Needs Training
Fire Extinguisher	☐	☐
Generator	☐	☐
Portable Power Station	☐	☐
Water Filter	☐	☐

Equipment	Yes	Needs Training
Emergency Radio	☐	☐
Chainsaw (if owned)	☐	☐
Propane Stove	☐	☐
Utility Shutoff Tools	☐	☐

Annual Household Drill Schedule

Month	Drill
January	Emergency Communications Drill
February	Home Fire Evacuation
March	Severe Weather Shelter Drill
April	First Aid Practice
May	Power Outage Exercise
June	Go Bag Inspection
July	Vehicle Emergency Kit Review
August	Utility Shutoff Practice
September	Shelter-in-Place Exercise
October	Home Evacuation Drill
November	Winter Preparedness Review
December	Annual Family Preparedness Review

Emergency Drill Log

Date	Exercise	Participants	Lessons Learned

Household Exercise Evaluation

Exercise Conducted

Date

What went well?

What problems were identified?

What improvements should be made?

Who is responsible for completing improvements?

Training Resources

Record organizations, instructors, or community resources.

Organization	Contact	Course

Preparedness Reading & Learning Log

Resource	Date Completed	Key Takeaways

Household Improvement Plan

Improvement	Priority	Target Date	Completed
	High / Med / Low		☐
	High / Med / Low		☐

Improvement	Priority	Target Date	Completed
_____	High / Med / Low	_____	☐

_____	High / Med / Low	_____	☐

_____	High / Med / Low	_____	☐

Annual Skills Review

Question	Yes	No
Did everyone participate in at least one drill?	☐	☐
Are CPR and First Aid certifications current?	☐	☐
Can household members operate emergency equipment?	☐	☐
Were emergency plans reviewed together?	☐	☐
Were improvements made after drills?	☐	☐
Are additional training courses planned?	☐	☐

Review Date

Reviewed By

Next Review

Ready For Anything™ Planner Tip

Aim to complete at least **one preparedness activity every month**. It could be as simple as replacing batteries, practicing a home evacuation, reviewing emergency contacts, or learning a new skill. Small, consistent efforts build confidence and help ensure that emergency plans become second nature rather than something you have to figure out under stress.

"Preparedness is more than the supplies you own—it's the confidence you build through knowledge, practice, and experience."

Next Section: Annual Preparedness Review, Household Readiness Scorecard & Five-Year Preparedness Roadmap

SECTION 29

ANNUAL PREPAREDNESS REVIEW, HOUSEHOLD READINESS SCORECARD & FIVE-YEAR PREPAREDNESS ROADMAP

Preparedness Is Never Truly Finished

Emergency preparedness is not a one-time project—it is an ongoing process.

Families grow, children become adults, homes change, vehicles are replaced, medical needs evolve, and new risks emerge. The most prepared households regularly review their plans, update their supplies, and evaluate what has improved—and what still needs attention.

An annual review ensures your preparedness efforts remain relevant, organized, and effective.

Use this section each year to evaluate your overall readiness, identify priorities, and establish goals for the year ahead.

Annual Preparedness Review

Review Year

Review Date

Completed By

Household Readiness Scorecard

Rate each area using the following scale:

1 = Not Started

2 = Needs Improvement

3 = Adequate

4 = Well Prepared

5 = Excellent

Preparedness Area	Rating (1–5)
Family Emergency Plan	_____
Emergency Contacts	_____
Medical Planning	_____
Water Storage	_____
Food Storage	_____
Cooking & Fuel	_____
First Aid Supplies	_____
Medications	_____
Hygiene Supplies	_____
Lighting	_____
Backup Power	_____
Emergency Communications	_____
Go Bags	_____
Vehicle Kits	_____
Shelter-in-Place Supplies	_____
Household Inventory	_____
Financial Preparedness	_____
Training & Skills	_____
Household Drills	_____

Preparedness Area	Rating (1–5)
Pet Preparedness	_____

Overall Preparedness Rating

Total Score

_____ / 100

Overall Rating

- ☐ Beginner
- ☐ Basic
- ☐ Intermediate
- ☐ Advanced
- ☐ Highly Prepared

Strengths

What areas of preparedness are your household doing well?

Improvement Opportunities

Where does your household need the most improvement?

Supplies Requiring Immediate Attention

Item	Action Needed	Target Date

Expiring Supplies

Supply	Expiration Date	Replace By

Lessons Learned This Year

Record any emergencies, drills, outages, evacuations, or unexpected events.

Event	Date	Lessons Learned

Event

Date

Lessons Learned

Goals for Next Year

Goal 1

Completion Date

Goal 2

Completion Date

Goal 3

Completion Date

Goal 4

Completion Date

Goal 5

Completion Date

Five-Year Preparedness Roadmap

Year 1

Primary Focus

Major Purchases

Training Goals

Year 2

Primary Focus

Major Purchases

Training Goals

Year 3

Primary Focus

Major Purchases

Training Goals

Year 4

Primary Focus

Major Purchases

Training Goals

Year 5

Primary Focus

Major Purchases

Training Goals

Household Preparedness Milestones

Mark the milestones as your household achieves them.

- ☐ Every household member has a Go Bag.
- ☐ Home emergency supplies support at least 72 hours.
- ☐ Home emergency supplies support one week.
- ☐ Home emergency supplies support two weeks.
- ☐ Home emergency supplies support one month.
- ☐ Every vehicle has a complete emergency kit.
- ☐ Emergency documents are organized and backed up.

- ☐ Family communication plan has been practiced.
- ☐ Utility shutoffs have been located and practiced.
- ☐ Everyone knows evacuation routes.
- ☐ Emergency savings fund established.
- ☐ CPR and First Aid training completed.
- ☐ Annual preparedness review completed.

Preparedness Achievements

Record accomplishments throughout your preparedness journey.

Date	Achievement

Household Preparedness Commitment

We recognize that preparedness is an ongoing responsibility.

We commit to maintaining our emergency supplies, updating our plans, practicing our skills, and reviewing this planner each year so that our household remains ready for emergencies large and small.

Household Representative

Signature

Date

Planner Completion Record

Planner Started

Planner Completed

Annual Reviews Completed

Year	Completed
Year 1	☐
Year 2	☐
Year 3	☐
Year 4	☐
Year 5	☐

Ready For Anything™ Planner Tip

Preparedness is measured not by how much equipment you own, but by your ability to respond confidently when life becomes unpredictable. Reviewing this planner once each year helps ensure your supplies remain current, your plans reflect your family's needs, and your skills continue to grow. Small improvements made consistently over time create lasting resilience.

"Preparedness is a journey, not a destination. Every review, every drill, and every small improvement strengthens your family's ability to face whatever tomorrow may bring."

Congratulations!

You have completed the **Ready For Anything™ – The Ultimate Emergency Preparedness Planner**.

By completing this planner, you've taken meaningful steps toward protecting your family, reducing uncertainty during emergencies, and building a culture of preparedness in your home. Continue to review, update, and practice your plans regularly—because the best emergency plan is the one that is maintained.

End of Planner

At this point, the planner is structurally complete. It contains 29 comprehensive sections and a formal conclusion. For a commercial-quality workbook (250–350+ pages), the next content should not be another numbered section. Instead, it should move into the appendices, which add significant value and make the planner more useful.

APPENDIX A

QUICK REFERENCE EMERGENCY CHECKLISTS

When Every Second Counts

During a stressful emergency, it can be difficult to remember even familiar procedures.

These quick-reference checklists are designed to provide immediate guidance for common emergencies. They are not intended to replace instructions from local emergency officials but to serve as practical reminders when quick decisions are required.

Consider photocopying these pages or storing digital copies where they can be easily accessed.

72-Hour Preparedness Checklist

Water

- ☐ One gallon per person per day
 - ☐ Water treatment supplies
 - ☐ Water containers
-

Food

- ☐ Three-day food supply
 - ☐ Manual can opener
 - ☐ Emergency cooking supplies
-

Medical

- ☐ First aid kit
 - ☐ Prescription medications
 - ☐ Personal medical equipment
-

Lighting

- ☐ Flashlights
 - ☐ Lanterns
 - ☐ Extra batteries
-

Communications

- ☐ NOAA Weather Radio
 - ☐ Cell phone chargers
 - ☐ Emergency contacts
-

Personal Items

- ☐ Clothing
 - ☐ Hygiene supplies
 - ☐ Cash
 - ☐ Identification
-

Power Outage Checklist

Before the Outage

- ☐ Charge phones
- ☐ Charge power banks
- ☐ Fuel vehicles

☐ Freeze containers of water

☐ Test flashlights

During the Outage

☐ Keep refrigerator closed

☐ Use flashlights instead of candles when possible

☐ Monitor emergency information

☐ Conserve batteries

☐ Operate generators outdoors only

☐ Check on neighbors if safe

After Power Returns

☐ Check refrigerated food

☐ Recharge batteries

☐ Refuel equipment

☐ Restock used supplies

Wildfire Evacuation Checklist

☐ Monitor official evacuation orders

☐ Load Go Bags

☐ Gather pets

☐ Load medications

☐ Shut windows and doors

☐ Move outdoor furniture if time allows

☐ Shut off propane if instructed

- ☐ Wear sturdy clothing
 - ☐ Leave early
 - ☐ Follow designated evacuation routes
-

Tornado Checklist

Before

- ☐ Monitor weather alerts
 - ☐ Prepare safe room
 - ☐ Charge phones
 - ☐ Gather helmets if available
-

During

- ☐ Move to lowest level
 - ☐ Stay away from windows
 - ☐ Protect head and neck
 - ☐ Remain sheltered until danger passes
-

After

- ☐ Watch for hazards
 - ☐ Check for injuries
 - ☐ Avoid downed power lines
 - ☐ Listen for official instructions
-

Flood Checklist

- ☐ Move valuables to higher levels

- ☐ Prepare for evacuation
 - ☐ Never drive through floodwater
 - ☐ Disconnect electrical power if safe
 - ☐ Bring medications and documents
 - ☐ Monitor official alerts
-

Winter Storm Checklist

- ☐ Fuel vehicles
 - ☐ Bring pets indoors
 - ☐ Protect pipes
 - ☐ Charge electronics
 - ☐ Stock extra blankets
 - ☐ Monitor weather forecasts
 - ☐ Avoid unnecessary travel
-

Home Fire Checklist

- ☐ Activate fire alarm
 - ☐ Evacuate immediately
 - ☐ Crawl beneath smoke if necessary
 - ☐ Close doors behind you
 - ☐ Meet at designated meeting location
 - ☐ Call 911 from outside
 - ☐ Never re-enter the building
-

Medical Emergency Checklist

- ☐ Ensure scene safety
 - ☐ Call emergency services
 - ☐ Provide location
 - ☐ Begin first aid if trained
 - ☐ Gather medications
 - ☐ Unlock doors if safe
 - ☐ Meet responding personnel
-

Hazardous Materials Checklist

- ☐ Move indoors immediately
 - ☐ Close windows
 - ☐ Turn off HVAC if instructed
 - ☐ Monitor emergency broadcasts
 - ☐ Seal room if directed
 - ☐ Wait for official instructions
-

Family Evacuation Checklist

- ☐ Everyone accounted for
- ☐ Go Bags loaded
- ☐ Pets secured
- ☐ Important documents collected
- ☐ Medications packed
- ☐ Home secured
- ☐ Utilities shut off if instructed
- ☐ Vehicle fueled

☐ Destination confirmed

☐ Emergency contacts notified

Emergency Phone Numbers

Service	Phone
Emergency Services	
Poison Center	
Family Physician	
Utility Company	
Insurance Company	
Emergency Contact	
Out-of-State Contact	

Ready For Anything™ Planner Tip

Print these quick-reference pages on **brightly colored paper** and keep them in the front of your preparedness binder. During an emergency, concise checklists are often more useful than detailed instructions, helping you stay focused when stress is high.

"Preparation reduces panic. A simple checklist can become your family's calm voice during an emergency."

Next Appendix: Appendix B – Emergency Supply Master Inventory (Complete Household Inventory Worksheets)

APPENDIX B

EMERGENCY SUPPLY MASTER INVENTORY

A Complete Inventory at Your Fingertips

No matter how well stocked your emergency supplies are, they provide little value if you don't know what you have, where it's stored, or when it expires.

This master inventory serves as a central record for every preparedness supply in your household. Use it to track quantities, storage locations, expiration dates, and replacement schedules.

Review and update these pages at least twice each year—or whenever significant supplies are added or removed.

Storage Locations

Assign a name to each storage location.

Location Code	Storage Area
A	
B	
C	
D	
E	
F	
G	
H	

Water Inventory

Item	Quantity	Storage Location	Expiration / Rotation
Bottled Water	_____	_____	_____
Water Containers	_____	_____	_____
Water Bricks	_____	_____	_____
Water Filter	_____	_____	_____
Filter Cartridges	_____	_____	_____
Purification Tablets	_____	_____	_____
Other	_____	_____	_____

Food Inventory

Item	Quantity	Storage Location	Expiration
Canned Vegetables	_____	_____	_____
Canned Meat	_____	_____	_____
Canned Fruit	_____	_____	_____
Rice	_____	_____	_____
Pasta	_____	_____	_____
Beans	_____	_____	_____
Oats	_____	_____	_____
Peanut Butter	_____	_____	_____
Freeze-Dried Meals	_____	_____	_____
Energy Bars	_____	_____	_____
Other	_____	_____	_____

Medical Supplies

Item	Quantity	Storage Location	Expiration
Bandages	_____	_____	_____
Gauze	_____	_____	_____
Adhesive Tape	_____	_____	_____
Gloves	_____	_____	_____
Antiseptic	_____	_____	_____
Pain Relievers	_____	_____	_____
Allergy Medication	_____	_____	_____
Prescription Medications	_____	_____	_____
Trauma Supplies	_____	_____	_____
Other	_____	_____	_____

Lighting & Power

Item	Quantity	Storage Location	Notes
Flashlights	_____	_____	_____
Headlamps	_____	_____	_____
Lanterns	_____	_____	_____
AA Batteries	_____	_____	_____
AAA Batteries	_____	_____	_____
C Batteries	_____	_____	_____
D Batteries	_____	_____	_____
9V Batteries	_____	_____	_____

Item	Quantity	Storage Location	Notes
Rechargeable Batteries	_____	_____	_____
Power Banks	_____	_____	_____
Extension Cords	_____	_____	_____

Communications Equipment

Item	Quantity	Storage Location	Notes
NOAA Weather Radio	_____	_____	_____
Two-Way Radios	_____	_____	_____
Amateur Radio Equipment	_____	_____	_____
Chargers	_____	_____	_____
USB Cables	_____	_____	_____
Spare Batteries	_____	_____	_____

Hygiene Supplies

Item	Quantity	Storage Location	Replace By
Toilet Paper	_____	_____	_____
Soap	_____	_____	_____
Toothpaste	_____	_____	_____
Toothbrushes	_____	_____	_____
Shampoo	_____	_____	_____
Feminine Hygiene Products	_____	_____	_____

Item	Quantity	Storage Location	Replace By
Trash Bags	_____	_____	_____
Hand Sanitizer	_____	_____	_____
Baby Wipes	_____	_____	_____

Emergency Tools

Item	Quantity	Storage Location	Notes
Multi-Tool	_____	_____	_____
Adjustable Wrench	_____	_____	_____
Hammer	_____	_____	_____
Screwdriver Set	_____	_____	_____
Utility Knife	_____	_____	_____
Duct Tape	_____	_____	_____
Rope / Paracord	_____	_____	_____
Fire Extinguisher	_____	_____	_____
Shovel	_____	_____	_____
Axe / Hatchet	_____	_____	_____

Pet Emergency Supplies

Item	Quantity	Storage Location	Expiration
Pet Food	_____	_____	_____
Water	_____	_____	_____
Medications	_____	_____	_____

Item	Quantity	Storage Location	Expiration
Leash	_____	_____	_____
Carrier	_____	_____	_____
Waste Bags	_____	_____	_____
Favorite Toy	_____	_____	_____

Fuel Inventory

Fuel Type	Quantity	Storage Location	Rotation Date
Gasoline	_____	_____	_____
Diesel	_____	_____	_____
Propane	_____	_____	_____
Kerosene	_____	_____	_____
Firewood	_____	_____	_____
Charcoal	_____	_____	_____

Seasonal Supplies

Item	Summer	Winter	Storage Location
Cooling Towels	☐	☐	_____
Sunscreen	☐	☐	_____
Insect Repellent	☐	☐	_____
Hand Warmers	☐	☐	_____
Snow Shovel	☐	☐	_____
Ice Melt	☐	☐	_____

Item	Summer	Winter	Storage Location
Blankets	☐	☐	

Supply Replacement Log

Date	Item Replaced	Reason	Completed By

Inventory Audit Checklist

Complete this review every six months.

Task	Complete
Water inventory verified	☐
Food inventory updated	☐
Medical supplies checked	☐
Batteries tested	☐
Fuel rotated	☐
Hygiene supplies restocked	☐
Pet supplies updated	☐
Seasonal supplies adjusted	☐
Inventory binder updated	☐

Audit Date

Conducted By

Next Audit Due

Ready For Anything™ Planner Tip

Assign every storage location a simple code (such as **A–H**) and label shelves, bins, and totes to match. This makes it easy for any family member to locate supplies quickly and simplifies inventory updates after shopping trips or emergencies.

"An organized inventory transforms supplies into a true preparedness system. Knowing what you have is just as important as having it."

Next Appendix: Appendix C – Emergency Phone Directory, Utility Information & Community Resource Directory

APPENDIX C

EMERGENCY PHONE DIRECTORY, UTILITY INFORMATION & COMMUNITY RESOURCE DIRECTORY

Keep Critical Information in One Place

When an emergency occurs, you may not have access to your phone contacts, internet service, or online account information.

A printed directory provides immediate access to important phone numbers, utility information, government agencies, medical providers, schools, employers, neighbors, and community resources.

Complete these pages and update them whenever information changes. Consider keeping a copy with your emergency documents and another inside your Go Bag.

Household Information

Primary Address

City

State

ZIP Code

County

Nearest Major Intersection

GPS Coordinates (Optional)

Household Members

Name	Mobile Phone	Email

Emergency Contacts

Name	Relationship	Home	Mobile

Out-of-State Emergency Contacts

Name	Relationship	Phone	Email

Medical Providers

Provider	Phone	Address
Primary Care Physician		
Pediatrician		
Dentist		
Eye Doctor		
Pharmacy		
Specialist		

Veterinary Information

Provider	Phone	Address
Primary Veterinarian		
Emergency Veterinary Hospital		
Boarding Facility		

Utility Companies

Utility	Company	Emergency Phone	Account Number
Electric			
	—	—	
Natural Gas			
	—	—	
Water			
	—	—	
Sewer			
	—	—	
Internet			
	—	—	
Cellular Provider			
	—	—	

Home Service Providers

Service	Company	Phone
HVAC		
Plumber		
Electrician		
Roofing		
Tree Service		
Pest Control		
Locksmith		

Insurance Directory

Policy	Company	Phone	Policy Number
Homeowners/Renters			
Automobile			
Health			
Life			
Flood			
Umbrella			

Schools & Childcare

School/Facility	Phone	Emergency Contact

Employers

Employer	Phone	Emergency Contact

Neighbors & Local Support Network

Name	Address	Phone	Special Skills/Resources
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Local Government & Public Safety

Agency	Phone	Website
Emergency Management	_____	_____
Police (Non-Emergency)	_____	_____
Fire Department (Non-Emergency)	_____	_____
Sheriff's Office	_____	_____
Public Health Department	_____	_____
Public Works	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Community Resources

Organization	Phone	Services Provided
American Red Cross Chapter	_____	_____
_____	_____	_____

Organization	Phone	Services Provided
Salvation Army		
Food Pantry		
Community Emergency Response Team (CERT)		
Faith-Based Organization		
Local Volunteer Organization		

Evacuation Resources

Resource	Phone	Address
Primary Shelter		
Secondary Shelter		
County Information Line		
Animal Shelter		

Important Account Information

Security Tip: Do **not** record passwords in this planner. Instead, note where secure password records are stored.

Account	Username	Notes
Insurance Portal		
Utility Account		
Medical Portal		
Emergency Alert Account		

Annual Contact Verification

Contact Category

Verified

Family Contacts

☐

Emergency Contacts

☐

Medical Providers

☐

Veterinarian

☐

Utilities

☐

Insurance

☐

Schools

☐

Employers

☐

Community Resources

☐

Neighbor Information

☐

Verification Date

Verified By

Next Review Date

Ready For Anything™ Planner Tip

At least once a year, call or verify every important phone number in this directory. Medical offices, insurance companies, utility providers, and emergency contacts can change over time. Keeping this information current ensures you won't waste valuable time searching for updated contact details during an emergency.

"Information is a preparedness tool. A well-maintained contact directory connects your family with the people and services you'll need when every minute

matters."

**Next Appendix: Appendix D – Emergency Preparedness Forms, Blank Worksheets
& Reproducible Planner Pages**

APPENDIX D

EMERGENCY PREPAREDNESS FORMS, BLANK WORKSHEETS & REPRODUCIBLE PLANNER PAGES

Make This Planner Work for You

Every household's preparedness journey is different.

Some families may need additional inventory pages, while others may require extra planning forms for medications, pets, emergency contacts, or annual reviews. This appendix provides blank, reproducible worksheets that can be photocopied or printed as often as needed.

These pages are intentionally flexible so your planner can continue growing with your household for many years.

Blank Emergency Contact Sheet

Name	Relationship	Home Phone	Mobile Phone	Email

Blank Household Inventory Worksheet

Item	Quantity	Storage Location	Purchase Date	Expiration	Notes

Food Rotation Log

Item	Stored	Replace By	Rotated

Water Rotation Log

Container	Filled	Replace By	Notes

Equipment Maintenance Log

Equipment	Inspection Date	Maintenance Performed	Next Inspection

Equipment	Inspection Date	Maintenance Performed	Next Inspection
-		-	

Medication Tracking Worksheet

Medication	Quantity	Expiration	Refill Date	Notes
-				
-				
-				
-				
-				

Emergency Drill Record

Exercise

Date

Participants

Scenario

Objectives

Evaluation

What went well?

What needs improvement?

Action Items

Next Drill Date

Annual Preparedness Review Worksheet

Review Year

Top Three Accomplishments

1.

2.

3.

Top Three Improvement Areas

1.

2.

3.

Goals for Next Year

Emergency Expense Tracker

Date	Description	Category	Cost
			\$
			\$
			\$
			\$
			\$
			\$
			\$

Notes Page

Preparedness Ideas

Record articles, products, courses, or improvements you'd like to explore.

Blank Checklist

Use this page for any preparedness project.

Task	Priority	Due Date	Complete
	High / Med / Low		☐

Task	Priority	Due Date	Complete
	High / Med / Low		☐
	High / Med / Low		☐
	High / Med / Low		☐
	High / Med / Low		☐
	High / Med / Low		☐
	High / Med / Low		☐
	High / Med / Low		☐

Blank Inventory Worksheet

Item	Quantity	Location	Notes

Ready For Anything™ Planner Tip

Keep a small supply of printed blank worksheets in the back of your preparedness binder. As your family purchases new equipment, completes training, or updates emergency plans, you can quickly add new records without redesigning your planner. Consistent documentation is one of the easiest ways to keep your preparedness system accurate and useful over time.

"The strongest preparedness plans are living documents. Review them often, update them regularly, and let them grow alongside your family's changing needs."

About the Ready For Anything™ Planner

Congratulations on investing the time to build a more resilient household.

Preparedness isn't about fear—it's about confidence, responsibility, and peace of mind. Every checklist completed, every skill learned, and every supply organized represents a practical step toward protecting the people who matter most.

Remember:

- Start where you are.
- Improve a little each month.
- Practice your plans.
- Maintain your supplies.
- Share preparedness with your family and community.

The goal isn't perfection. The goal is to be **more prepared tomorrow than you are today**.

Thank you for choosing the **Ready For Anything™ – The Ultimate Emergency Preparedness Planner**.

Stay informed. Stay prepared. Stay ready for anything.